



**3rd WTE**  
**Multi European Games**  
*(Cadets, Juniors and Poomsae)*

*10-14 June 2021*

Sofia | Bulgaria



## PROMOTER

Taekwondo Europe

✉ [info@worldtaekwondo-europe.org](mailto:info@worldtaekwondo-europe.org)

☎ +30 6112 1447 17536

## SANCTIONED BY

Taekwondo Europe

✉ [info@worldtaekwondo-europe.org](mailto:info@worldtaekwondo-europe.org)

☎ +30 6112 1447 17536

## EUROPEAN RANKING

Juniors : E2

Cadets : E2

Poomsae : N/A

## ORGANIZER

Bulgarian Taekwondo Federation

75, Vasil Levski blvd., floor 4, office 403, Sofia, Bulgaria

☎ +359 2 421 98 65

☎ +359 887 321 422

✉ [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)

🌐 [www.taekwondo-bulgaria.org](http://www.taekwondo-bulgaria.org)

## VENUE *(registration, meetings, weight-in)*

**Sofia Grand Hall | Hotel Marinela Sofia**

Bld "James Bourchier" 100, 1407 g.k. Lozenets

Sofia | Bulgaria

<https://goo.gl/maps/pUGbQxQ8uQ9VhC926>



## REGISTRATION & ACCREDITATION

**8 - 13 June 2021**

8 June: 10:00 – 13:00 hrs and 14:00 – 18:00 hrs  
9 June: 10:00 – 13:00 hrs and 14:00 – 18:00 hrs  
10 June: 10:00 – 13:00 hrs and 14:00 – 18:00 hrs  
11 June: 10:00 – 13:00 hrs and 14:00 – 18:00 hrs  
12 June: 10:00 – 13:00 hrs and 14:00 – 18:00 hrs  
13 June: 10:00 – 13:00 hrs and 14:00 – 18:00 hrs

**Location: Hall Madara | Hotel Marinela**

**ATTENTION**

**⚠ You need to BOOK an APPOINTMENT for Registration & Accreditation**

**⚠ To BOOK your appointment please follow the link below:**

<https://forms.gle/EQFFVPkScnEuEJCy7>

## COMPETITION DATES & SCHEDULE

**10 – 14 June 2021**

**10<sup>th</sup> June – Cadets:**

Male: -33, -37, -41, -57, -61, -65, +65

Female: -29, -33, -37, -59, +59

**11<sup>th</sup> June – Cadets:**

Male: -45, -49, -53

Female: -41, -44, -47, -51, 55

**12<sup>th</sup> June – Juniors:**

Male: -59, -63, -68, -73, -78, +78

Female: -59, -63, -68, +68

**13<sup>th</sup> June – Juniors:**

Male: -45, -48, -51, -55

Female: -42, -44, -46, -49, -52, -55

**14<sup>th</sup> June – Poomsae; Power Breaking and Demonstration Techniques**



## WEIGH-IN DATES, SCHEDULE & LOCATION

10 – 12 June 2021, 11:00 – 13:00 hrs

### *Schedule*

9 – 10 June: Cadets;

11 – 12 June: Juniors;

Location: Halls Elena and Business | Hotel Marinela

**ATTENTION**

⚠ You need to **BOOK** an **APPOINTMENT** for your team to pass the weigh-in

⚠ To **BOOK** your appointment please follow the link below:

<https://forms.gle/ZdJ3x1SHCLCQRrgC8>

## RANDOM WEIGH-IN

Random weigh-in will start at **08:00 hrs**. The names of the athletes selected for the Random weigh-in will be published at **07:00 hrs** on the competition day on the following (social) media platforms:

[www.worldtaekwondo-europe.com](http://www.worldtaekwondo-europe.com)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)

**ATTN: Due to COVID-19 restrictions only selected athletes can be present at the weigh-in areas**

## DRAW SHEETS & BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 21:30 hrs on the following (social) media platforms:

[www.worldtaekwondo-europe.com](http://www.worldtaekwondo-europe.com)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)





## SEEDING


- Juniors** : All athletes will be seeded according to the European Junior Ranking as per May 2021 (published in June 2021).
- Cadets** : All athletes will be seeded according to the European Cadet Ranking as per May 2021 (published in June 2021).
- Poomsae** : No seeding

## QUOTA

The following athlete quota (direct qualification) can be obtained at 3<sup>rd</sup> WTE Multi European Games 2021, under the applicable rules and regulations:

**Cadets:** Top two (2) ranked athletes per category obtain a quota for the European Cadets Championships;

**Juniors:** Top two (2) ranked athletes per category obtain a quota for European U21 Championships **and** European Youth Olympic Weight Category Championships.

 *Please refer to the WTE website for the applicable quota allocation rules and regulations.*

## HEAD OF TEAM MEETING

There will be **NO** Head of Team meeting at the 3<sup>rd</sup> WTE Multi European Games 2021. All information will be published on the following (social) media platforms:

[www.worldtaekwondo-europe.com](http://www.worldtaekwondo-europe.com)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)

## COMPETITION RULES

**Kyorugi**: WT Competition Rules & Interpretation, in force as of October, 2020

**Poomsae / Freestyle**: WT Poomsae Competition Rules in force as of May 14, 2019

## COMPETITION SYSTEM

**Kyorugi**: Single elimination tournament system.





**Poomsae Recognized:** U30 and U40: Single elimination tournament system. Cut-off system for all other A- categories.

Two (2) Poomsae from designated Compulsory Poomsae decided for each division must be performed for all the preliminarily, semi-final and final rounds for all competitions.

**Poomsae Freestyle:** Cut-off system for all Freestyle categories (single Final Round). *The OC may change this due to organizational matters.*

Scoring shall be made in accordance with the rules of the WT.

Athletes must bring their music in **MP3 format on USB-stick**. Apple audio format is not allowed. The music shall be the choice of the contestant, however any political, social and religious content is **not** allowed.

**Power Breaking and Demonstration Techniques:** Please review **Appendix 1**

## CONTEST TIME

Junior divisions : 3 rounds of 1,5 minutes, 1-minute break between each round

Cadet divisions : 3 rounds of 1,5 minutes, 1-minute break between each round

Poomsae : ***Recognized Poomsae***

Individual, Pair, and Team competitions up to 90 seconds. The waiting period between 1st poomsae and 2nd poomsae is minimum of 30 seconds.

***Free Style Poomsae***

Individual, Pair, and Mixed Team competitions from 90 seconds to 100 seconds

*The Technical Delegate has the authority to adjust the contest time.*

## GENERAL ELIGIBILITY REQUIREMENTS

Each team/club can send as many athletes as they wish per weight category, poomsae divisions, power breaking and demonstration techniques divisions to compete in the 3<sup>rd</sup> WTE Multi European Games 2021.





## ELIGIBILITY REQUIREMENTS

1. Holder of a valid 2021 WT Global Athlete License;
2. Member of the team/club of a pertinent Member National Association, recognized by Taekwondo Europe or World Taekwondo, a letter from the federation may be requested;
3. Holder of:
  - Juniors : 1st Kup and above
  - Cadets : 1st Kup and above
  - Poomsae : 1st Kup and above
4. An athlete in order to be eligible for participation must be born in:
  - Juniors : 2004, 2005 or 2006
  - Cadets : 2007, 2008 or 2009
  - Poomsae : 2009 or before

All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

## COACH ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. Holder of the WT Coach License Level I (**only for Kyorugi coaches**);
3. Holder of a valid 2021 WT Global Official License;
4. Coach is not allowed wearing Dobok.

## MEDICAL STAFF ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. Holder of the WTE Medical License;
3. Holder of a valid 2021 WT Global Official License.

## MEDAL EVENTS

The following medal events are applicable:



JUNIOR DIVISION			
Male categories		Female categories	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42 kg
Under 48kg	Over 45 kg & Not exceeding 48 kg	Under 44kg	Over 42 kg & Not exceeding 44 kg
Under 51kg	Over 48 kg & Not exceeding 51 kg	Under 46kg	Over 44 kg & Not exceeding 46 kg
Under 55kg	Over 51 kg & Not exceeding 55 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 59kg	Over 55 kg & Not exceeding 59 kg	Under 52kg	Over 49 kg & Not exceeding 52 kg
Under 63kg	Over 59 kg & Not exceeding 63 kg	Under 55kg	Over 52 kg & Not exceeding 55 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg
Under 73kg	Over 68 kg & Not exceeding 73 kg	Under 63kg	Over 59 kg & Not exceeding 63 kg
Under 78kg	Over 73 kg & Not exceeding 78 kg	Under 68kg	Over 63 kg & Not exceeding 68 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

CADET DIVISION			
Male division		Female division	
Under 33kg	Not exceeding 33kg	Under 29kg	Not exceeding 29kg
Under 37kg	Over 33kg & not exceeding 37kg	Under 33kg	Over 29kg & not exceeding 33kg
Under 41kg	Over 37kg & not exceeding 41kg	Under 37kg	Over 33kg & not exceeding 37kg
Under 45kg	Over 41kg & not exceeding 45kg	Under 41kg	Over 37kg & not exceeding 41kg
Under 49kg	Over 45kg & not exceeding 49kg	Under 44kg	Over 41kg & not exceeding 44kg
Under 53kg	Over 49kg & not exceeding 53kg	Under 47kg	Over 44kg & not exceeding 47kg
Under 57kg	Over 53kg & not exceeding 57kg	Under 51kg	Over 47kg & not exceeding 51kg
Under 61kg	Over 57kg & not exceeding 61kg	Under 55kg	Over 51kg & not exceeding 55kg
Under 65kg	Over 61kg & not exceeding 65kg	Under 59kg	Over 55kg & not exceeding 59kg
Over 65kg	Over 65kg	Over 59kg	Over 59kg

RECOGNIZED POOMSAE		
Program A - Categories		
INDIVIDUAL	PAIR	TEAM
12-14 yrs	12-14 yrs	12-14 yrs
15-17 yrs	15-17 yrs	15-17 yrs
18-30 yrs	18-30 yrs	18-30 yrs
31-40 yrs	31+ yrs	31+ yrs
41-50 yrs		
51-60 yrs		
61-65 yrs		
66+ yrs		



FREESTYLE POOMSAE		
FS INDIVIDUAL	FS PAIR	FS MIXED TEAM
12-17 yrs	12-17 yrs	12+ yrs
17+ yrs	17+ yrs	

**⚠ Note: Contestants may compete in maximum two (2) categories in Recognized Poomsae and / or Freestyle Poomsae of competition unless he or she is limited by gender or age.**

COMPULSORY A – TAEGEUK / POOMSAE to be Performed		
	INDIVIDUAL - POOM OR DAN GRADES	
Cadets 12 - 14 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang	
Juniors 15 - 17 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak	
18 - 30 yrs	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin	
31 - 40 yrs		
41 - 50 yrs	Taegeuk 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon	
51 - 60 yrs	Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu	
61 - 65 yrs		
66+ yrs		
	PAIR - POOM OR DAN GRADES (1 male + 1 female)	TEAM - POOM OR DAN GRADES (3 male or 3 female)
Cadet 12 - 14 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang
Junior 15 - 17 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak
18 - 30 yrs	Taegeuk 6, 7, 8 jang, Koryo Keumgang, Taebak, Pyongwon, Shipjin	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
31+ yrs	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon

## SPORT ENTRIES

Team entries for Kyorugi and Poomsae will only be accepted through the online registration system of Taekoplan at: <https://tpss2021.eu>

Team entries for Power Breaking and Demonstration Techniques will only be accepted by presenting a subscription form (Appendix 2) to email: [megpb2021@abv.bg](mailto:megpb2021@abv.bg)

Registration of athletes is only possible with a valid 2021 WT Global Licence (GAL issued by assigned GMS club, region and MNA Administrators only). Please find below the direct link to the WT GMS platform:

<https://worldtkd.simplycompete.com/>



## REGISTRATION DEADLINE

**31<sup>st</sup> May 2021, 23:59 CET**

This deadline is applicable for all sport entries, payments and admitting all required documents.

## APPLICABLE FEES

### ***Regular entry fee (Kyorugi)***

100 euro per registered individual athlete with confirmed and paid booking in the official hotel provided by and booked via the Organizing Committee

### ***Regular entry fee (Poomsae)***

One discipline – 50 Euro;  
Two disciplines – 80 Euro;

### ***Regular entry fee (Power Breaking and Demonstration Techniques)***

According Appendix 1

### ***On-site Change of medal event***

50 euro for each amendment, payable at the registration desk. All changes after 31<sup>st</sup> May 2021 shall be done on-site.

### ***Additional Accreditation cards***

50 euro for each on-site approved additional requested Accreditation card.

### ***Protest fee***

200 euro. In case of an official protest, a non-refundable 200 euro fee shall be paid.

### ***Replacement of athletes***

In case an athlete needs to be replaced after the deadline, this can be done maximum 48 hours before the draw will take place. A fee of 100 euro is applicable.

### ***Replacement of Accreditation cards***

25 euro for each replacement and reprinting request of accreditation cards.





## PAYMENT ENTRY

All entry fees shall be paid in advance to the Organizing Committee of the Bulgarian Taekwondo Federation. Cash payments will **not** be accepted. All bank transfer shall be paid to the following bank account:

**Beneficiary: Bulgarian Taekwondo federation**

**Name of the bank: First Investment Bank**

**IBAN: BG42FINV915010E0075035**

**BIC/SWIFT: FINVBGSF**

**Bank address: bul. Dragan Tsankov №37, 1797 g.k. Iztok, Sofia**

### *Payment reference*

MULTI2021 plus TEAM NAME

### *Example*

MULTI2021 Taekwondo Club Zagreb

## PROOF OF PAYMENT REQUIREMENT

All teams are required to send proof of payment (copy of bank transfer) to [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org) within one (1) week after registration in TPSS. Taekwondo Europe has the right to delete sport entries from teams that do not send proof of payment from the system in order for other athletes to register and to prevent “ghost athletes”.

Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline (31<sup>st</sup> May 2021), is liable for paying his/her entry-fee in full. (For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team’s participation). If a team does not show up at the event and has not requested a participation cancellation before the deadline, it will be requested to settle the payment of the entry fees in full (100%).

## NO REFUND

Taekwondo Europe and/or the Organizing Committee does not refund entry fees paid.





## ACCREDITATION CARD DISTRIBUTION

Registered teams only receive the athlete and official's accreditation cards if all financial obligations have been fulfilled. For all registered athletes, the entry fee has to be paid before the accreditation cards will be distributed to the respective team.

## SPORT EQUIPMENT

### **PSS – system**

Daedo International Generation 2, with electronic headgear are provided by the OC.

*\*Electronic headgear **without** face shield will be provided for the cadets*

### **Mats**

Kwon mats will be used at the event

### **Dobok and protective equipment**

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

### **Approved Poomsae Competition Uniforms**

1. Cadet Division (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.
2. Junior and Senior Division (Ages 15-49): White top with dark blue pants for males; white top with light blue pants for females.
3. Master Division (Ages 50 and up): Yellow top and dark blue pants for both males and females.

## FIELD OF PLAY REGULATIONS

By accepting a Taekwondo Europe accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo Europe events.

Due to COVID-19 prevention measures no audience and spectators will be allowed at the venue.





## AWARDS

### **Individual awards**

- 1<sup>st</sup> place – gold medal and certificate
- 2<sup>nd</sup> place – silver medal and certificate
- 3<sup>rd</sup> place – bronze medal and certificate
- 3<sup>rd</sup> place – bronze medal and certificate

## MEDICAL AND ANTI-DOPING

### **Accreditation for Medical staff**

All medical staff of the respective teams have to apply for a Medical License. Only medical staff that has applied for or is in the possession of a valid CU Medical Licence shall receive an accreditation. For more information, please check the Taekwondo Europe website at: [www.worldtaekwondoeurope.com](http://www.worldtaekwondoeurope.com)

### **Applicable doping rules**

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among the all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to WT.

### **Therapeutic Use Exemption**

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to visit the website of WADA and make online filing of their TUE applications on ADAMS. Report TUE applications also to the WT Sport Department via [marcoienna@worldtaekwondo.org](mailto:marcoienna@worldtaekwondo.org) by no later than 1<sup>st</sup> May 2021.

### **ADAMS login**

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or WT Sport Department at [marcoienna@worldtaekwondo.org](mailto:marcoienna@worldtaekwondo.org)

### **For more details, please visit**

<http://www.wada-ama.org/en/ADAMS/>

<http://www.worldtaekwondo.org/medical-anti-doping/anti-doping/therapeutic-use-exemptions-tues/>





## MEDIA AND PRESS

### **Media accreditation**

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the Taekwondo Europe Media department at [media@worldtaekwondo.org](mailto:media@worldtaekwondo.org).

### **Photo positions**

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the Taekwondo Europe Media and Press officer.

## ACCOMMODATION

### **Hotel accommodation**

As the format of the event will be a bio-secured bubble, all accredited national teams participating at the event shall mandatorily book their hotel accommodation via the Organizing Committee. Any athlete or team members that do not comply with this regulation will NOT be able to participate at the event.

In case a team representative leaves the hotel for any other reason besides departure or emergency cases, he/she will be disqualified from the event and fine might be apply.

***Each 10<sup>th</sup> confirmed participating athletes will secure free accommodation of a team's coach. The coach's accommodation will be with same meal condition and room type as the team's accommodation.***

### **Transportation**

The Organizing Committee shall provide transportation between the airport and hotel and vice-versa and between the hotel and the competition venue for those teams that have booked their hotel via the Organizing Committee.

***PLEASE REFER TO THE ACCOMMODATION (Appendix 3) & TRANSPORTATION FORMS (Appendix 4)***

## HASH TAGS & SOCIAL MEDIA

### **Hash tags**

Taekwondo Europe uses the following hash tags:





#taekwondoeurope  
#taekwondofamily  
#tkdMulti2021

### **Social media platforms**

Taekwondo Europe is present at the following social media platforms:

Facebook: @tkdeurope

Instagram: @tkdeurope

Twitter: @tkdeurope

YouTube Channel: Taekwondo Europe

## **INDEMNITIES**

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WTE, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the 3<sup>rd</sup> WTE Multi European Games 2021 or any activities linked therewith.

It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete.

Please fill out the Personal Indemnity and Commitment Forms and return them to the Organizing Committee before 31<sup>st</sup> May 2021. Each participant (athletes, team officials, etc.) has to fill out the indemnification form.

## **MEDICAL INSURANCE**

All participating athletes, coaches, team officials, technical officials and participants at WTE events shall have mandatorily a medical insurance that covers medical care (COVID-19 included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. WTE nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word. All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs.





## COVID-19 TESTING

All participants at 3<sup>rd</sup> WTE Multi European Games 2021 – athletes, coaches, team representatives, WT/WTE officials and etc. are subject to COVID-19 testing by Rapid Antigen Test method upon their arrival at Hotel Marinela. The cost of the Rapid Antigen Test is 25 Euro/per person. The OC covers 5 Euro/per person per Rapid Antigen Test. The cost of the test is payable **ONLY** by cash at the Testing Laboratory.

In case a team representative or officials needs to be COVID tested (PCR or Antigen Rapid Test) at any time during the competition or before departure, the OC could arrange the tests within 72 hours' notice. The result of the test will be issued 24 hours after testing. The relevant Testing Form (Appendix 5) must be filled in and sent to the email address available on the form. The cost of the PCR test is 60 Euro/per person. The OC covers 10 Euro/per person per PCR test. The cost of the test is payable **ONLY** by cash at the Testing Laboratory.

## NON EU CITIZENS ENTRY REQUIREMENTS

Due to Bulgarian Government decision from 29.04.2021:

- Temporary is forbidden the entry in Bulgaria of citizens arriving from India, Bangladesh and Brazil.
- All participants at sport event needs permission from the Bulgarian Ministry of Youth and Sport to enter in the country.
  - o The decision does not apply to countries members of European Union, Schengen agreement
  - o And the following countries: San Marino, Principality of Andorra, Principality of Monaco, Vatican City, The United Kingdom of Great Britain and Northern Ireland, Commonwealth of Australia, Canada, United States of America, People's Republic of China, Georgia, Japan, New Zealand, Republic of Rwanda, Republic of Korea, Kingdom of Thailand, Republic of Tunisia, Oriental Republic of Uruguay, United Arab Emirates, Republic of Albania, Ukraine, Republic of North Macedonia, Republic of Serbia, Kosovo, Bosnia and Herzegovina, Montenegro, Republic of Moldova, Russian Federation, Israel, State of Kuwait, Republic of Belarus and Republic of Turkey. Representatives from other countries not listed above, need to contact: [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org) in order to start the process for permission issuance. The procedure takes 5-7 working days

*The current decision is in force till 31.05.2021 or new decision of the Bulgarian Healthy Ministry, in case there is new regulations the OC and WTE will inform all participants.*







*The OC will inform in case the government COVID-19 prevention measures have change.*





# TIMETABLE

DATE	TIME	EVENT
08-Jun	10:00 - 13:00 hrs	Registration & Accreditation
	13:00 - 14:00 hrs	Lunch break
	14:00 - 18:00 hrs	Registration & Accreditation
09-Jun	09:00 hrs.	Referee Meeting
	10:00 - 13:00 hrs	Registration & Accreditation
	11:00 - 13:00 hrs	Weigh-in: <b>CADETS:</b> <b>Male:</b> -33, -37, -41, -57, -61, -65, +65 <b>Female:</b> -29, -33, -37, -59, +59
	13:00 - 14:00 hrs	Lunch break in rotation
	14:00 - 18:00 hrs	Registration & Accreditation
	21:30 hrs	Publication of drawsheets Competition Day 1
10-Jun	07:00 hrs	Publication random weigh-in
	08:00 hrs	Random weigh-in
	09:00 - 13:00 hrs	Competition day 1: <b>CADETS (Session 1)</b>
	10:00 - 13:00 hrs	Registration & Accreditation
	11:00 - 13:00 hrs	Weigh-in: <b>CADETS:</b> <b>Male:</b> -45, -49, -53 <b>Female:</b> -41, -44, -47, -51, -55
	13:00 - 14:00 hrs	Lunch break in rotation
	13:30-14:00 hrs	Opening Ceremony
	14:00-19:00 hrs	Competition day 1: <b>CADETS (Session 2)</b>
	14:00 - 18:00 hrs	Registration & Accreditation
21:00 hrs	Publication of drawsheets Competition Day 2	
11-Jun	07:00 hrs	Publication random weigh-in
	08:00 hrs	Random weigh-in
	09:00 - 13:00 hrs	Competition day 2: <b>CADETS (Session 1)</b>
	10:00 - 13:00 hrs	Registration & Accreditation
	11:00 - 13:00 hrs	Weigh-in: <b>JUNIORS:</b> <b>Male:</b> -59, -63, -68, -73, -78, +78 <b>Female:</b> -59, -63, -68, +68
	13:00 - 14:00 hrs	Lunch break in rotation
	14:00-19:00 hrs	Competition day 2: <b>CADETS (Session 2)</b>
	14:00 - 18:00 hrs	Registration & Accreditation
21:00 hrs	Publication of drawsheets Competition Day 3	

12-Jun	07:00 hrs	Publication random weigh-in
	08:00 hrs	Random weigh-in
	09:00 - 13:00 hrs	Competition day 3: <b>JUNIORS</b> (Session 1)
	10:00 - 13:00 hrs	Registration & Accreditation
	11:00 - 13:00 hrs	Weigh-in: <b>JUNIORS:</b> <b>Male:</b> -45, -48, -51, -55 <b>Female:</b> -42, -44, -46, -49, -52, -55
	13:00 - 14:00 hrs	Lunch break in rotation
	14:00-19:00 hrs	Competition day 3: <b>JUNIORS</b> (Session 2)
	14:00 - 18:00 hrs	Registration & Accreditation
	21:00 hrs	Publication of drawsheets Competition Day 4
13-Jun	07:00 hrs	Publication random weigh-in
	08:00 hrs	Random weigh-in
	09:00 - 13:00 hrs	Competition day 4: <b>JUNIORS</b> (Session 1)
	10:00 - 13:00 hrs	Registration & Accreditation
	13:00 - 14:00 hrs	Lunch break in rotation
	14:00-19:00 hrs	Competition day 4: <b>JUNIORS</b> (Session 2)
	14:00 - 18:00 hrs	Registration & Accreditation
	21:00 hrs	Publication of drawsheets Competition Day 5
14-Jun	09:00 - 13:00 hrs	Competition day 5: <b>Poomsae, Power Breaking and Demonstration Techniques</b> (Session 1)
	13:00 - 14:00 hrs	Lunch break in rotation
	14:00-19:00 hrs	Competition day 5: <b>Poomsae, Power Breaking and Demonstration Techniques</b> (Session 2)
   <b>TIMETABLE ALWAYS REMAINS SUBJECT TO CHANGE</b>   		



## PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this on: \_\_\_\_\_ (insert date of signing). I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Europe, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an “Indemnatee” and, collectively, “Indemnitees”), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys’ fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating in the 3<sup>rd</sup> WTE Multi European Games 2021 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature:**

In case the person involved is a minor, the legal guardian has to sign:

**Name:** \_\_\_\_\_

**Relation towards the**

**minor** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature:**

Please send this form to the Organizing Committee at the following email address:  
[office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)





## LIABILITY DECLARATION (only for under aged athletes)

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

I declare that I accept the participation of \_\_\_\_\_ at the 3<sup>rd</sup> WTE Multi European Games 2021 on 10-14 June 2021 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. World Taekwondo Europe, World Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Bulgaria.

Place: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of the parents/legal guardian:

Please send this form to the Organizing Committee at the following email address:  
[office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)





## VISA ASSISTANCE

In case you need assistance for visa issuance, please fill-up Appendix 6 and provide it to the Organizing Committee at: [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org) by **25<sup>th</sup> May 2021**





# Commitment Form

The following is a list of guidelines that you are requested to strictly adhere to, because we must ensure your safety for a successful competition and a safe return home and because the approval for this event has been granted by a special permission by the Government.

**Please check each checkbox and submit it to the LOC with your signature at**

✉ [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)

**You will not be able to participate in the competition in case you fail to follow these guidelines. Your cooperation is highly appreciated, not only to protect yourselves but also for the health of your friends and the people around you.**

## **PREVENTIVE MEASURES FOR COVID-19**

- Negative PCR test before arrival is mandatory.
- Negative Rapid Ag Test before entering the “bio-secure bubble” is mandatory.
- Wear a face mask covering both mouth & nose except during competition and training.
- Maintain social distancing of at least 1.5 m with others except for unavoidable situations.
- Sanitize your hands and fingers where disinfectant is available.
- On the bus, each person must occupy seats that way to keep enough social distancing.
- Use of the locker/shower rooms is not allowed.
- Before entering the venue, your body temperature needs to be checked.

## **ACTIVITY RESTRICTION**

- You must stay within your rooms in the hotel except for training, competition, and meals.
- Access to the competition hall is granted only to athletes & coaches on their fighting day.
- Access to spectators and guests is prohibited.
- Access to grandstands is prohibited

## **EVENT**

- In case the LOC asks you for your cooperation outside of the competition, please cooperate with them to make the event better.
- During the event, please follow the instruction of the staff and help keep the competition running smoothly.

Team Name : \_\_\_\_\_

Print your name:

Signature:



Coronavirus  
**COVID-19**



**TAEKWONDO  
EUROPE  
EVENT HEALTH  
PROTOCOL**



## INTRODUCTION

The purpose of this Code of Conduct during COVID-19 to prevent the spread of coronavirus (hereinafter “the Code”) is to provide the organizing team and all participants with an overview of health and safety aspects, and the requirements for organizing this Taekwondo Europe event held indoors in the situation of pandemic threat of COVID-19 disease.

The organizer of the competition acts in accordance with local laws and regulations, as well as follows the recommendations of government public health services to reduce the risk to a minimum. Continuous risk assessments, and monitoring of the situation and its changes at the national, and especially at the local level, will ensure valid compliance with the recommended and mandatory health and safety regulations and measures.

The organizer of the competition has taken a clear position and has a policy of personal responsibility. This position takes into account the legal aspects related to the organization of the competition during the pandemic and is made public to athletes, representatives and professional accompaniment of competitors and all those involved in the organization.

The document was prepared according to the instructions and harmonized with the local and national prescribed measures for public gatherings.

## Scope

The document applies to all participants in the competition and all those who in any way participate in organization and implementation and defines instructions on how to comply with the recommended requirements that the organizer of the competition takes into account in order to protect the personal and public health of all participants:

- athletes
- professional teams accompanied by athletes: coaches, managers, physiotherapists, etc.
- Implementing and organizing committee / professional officials / competition officials
- volunteers and staff (sponsors and partners, OVR, hall insurance and support services)
- members of the medical service and anti-doping control
- media representatives and broadcasters

## Roles and RULES

In order to avoid or reduce interactions between persons, the number of those who can attend the event is limited to only those necessary for the operations of the hall, the event and the competition itself.







After the organizer of the competition has established the epidemiological situation, a person has been appointed who is responsible at the event for risk assessment and for the implementation of epidemiological measures that reduce the possibility of infection transmission. This person (COVID-Coordinator) has the role of the central coordinator and the person responsible for communication among the participants in the organization of the competition, ie the organizing committee, the hall managers, the relevant public health institutions and sports teams.

All associates are required to adhere to measures and recommendations to prevent the transmission of coronavirus infection.

**Wearing a protective mask in such a way that it covers both the mouth and the nose is mandatory for all regardless of their place of action.** Masks are worn in the official hotel of the competition, during the use of the transport service and during the stay in the hall, all the time and without exception, except in the case of competitors, during the competition (during fights).

If there is a need to replace gloves or a protective mask, used gloves and masks are thrown in specially designed baskets. Associates operating in the hall are obliged to adhere to the specified corridors of movement, and ALL COMPETITORS and COACHES must leave the hall IMMEDIATELY after the fight.

The organizer will keep a register that includes contacts of competitors and members of their entourage, officials and professionals, which will facilitate the identification and monitoring of further contacts of potentially infected persons. The keeping of the register will be in accordance with local legislation and regulations, and in accordance with the protection of personal data. By accepting the work, volunteering or registering, all participants undertake to give a statement and accept the conditions prescribed by the organizer.

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

## **Participants/implementation/audience**

In order to facilitate the use of this document, the organizer divided all participants in the organization into groups related to movement within the competition zone (hall) and participants outside the competition zone.

### **A. Competition zone (hall)**

- Competitors / participants
- Referees / delegates / organizers / technical service
- Medical procedures / Warming places
- TV broadcast of the competition
- Anti-doping control
- Volunteers



B. Other participants in the organization who are outside the competition zone of movement (in front of the hall and hotel space)

- Employees
- Transport service / official drivers
- Physiotherapists / masseurs / medical service
- Media representatives
- Security service
- Logistics / goods acceptance / accreditation service
- Serving food
- Official accommodation

## A. COMPETITION ZONE (HALL)



**It is mandatory to wear masks, disinfect your hands and have your body temperature checked before entering the Competition Hall**

### Competitors / participants

COVID TEST! Due to the current situation in Europe, and in order to protect all our participants and the safe implementation of the competition, the following will apply in addition to the negative PCR test required to enter Bulgaria. Currently in Bulgaria some foreign citizens are able to enter with negative result of Rapid Antigen Test, if vaccinated and 14 days passed from the last dose of vaccine. For more information, please check your Ministry of foreigner affairs.

In addition, as a **bio-secured bubble format** will apply at this event all participants (athletes, coaches, trainers, officials, referees, staff, etc.) will be tested with a Rapid Ag Test at the entrance of the “Bio-secure bubble” and will be allowed to enter the event premises only if the result is negative. Participants that are tested positive will not be allowed access.

**IMPORTANT: Participants are NOT allowed to exit or leave the event premises until they complete their play or duties and they depart. Participants that exit or leave the quarantined premises before their departure will be automatically disqualified; them and their team in total. NO EXCEPTIONS APPLY.**



**Wearing a protective mask is mandatory at all times**, except in the following situations:

- During a meal at the hotel, during the warm-up and during the fights.

## Weigh-In

Each team will have to book a weighing appointment to avoid unnecessary gatherings. Follow the link mentioned in the outline to book your appointments.

All participants who attend the official weigh-in are required to disinfect their hands and wear a protective mask before entering the room. Referees should wear protective gloves along with the protective mask.

## Accreditation

Accreditation and registration will take place on scheduled appointments basis! Follow the link mentioned in the outline to book your appointments.

It is necessary to print and bring accreditations that will be sent by e-mail by WTE upon

## Hall

Access to the competition hall/area is allowed only on the day of the athlete's fight. Competitors will stay during the competition in their rooms or the designated waiting area. When the category of each individual competitor starts, the competitors go to the warm-up area accompanied by the coach (before entering, their temperature is measured), which they can enter 15 minutes before their fight. After warming up, the competitor and the coach enter the disinfection area where they get electronic equipment and go through the disinfection zone.

It will not be possible to use locker rooms, lockers and showers in the hall. Only the use of sanitary facilities will be allowed. It is necessary to have an identification document in the hall for the purposes of conducting doping control.

**No close contact is allowed in the hall after the competition, and this refers to shaking hands, hugging or kissing for the purpose of celebrating the results of the performance.**

At the medal ceremony the athletes and medal presenters are required to use masks and the medal presenters also gloves. The ceremony will take place without a handshake, and the person presenting the awards must also wear gloves.

Athletes' statements after the competition will take place at a distance from the journalist in charge, and other members of the media will follow the statement live.





## **Referees / delegates / organizers / technical service**

Participants in this sector are considered to be all those who are within the competitive movement zone. Referees, delegates, organizers as well as the technical service should also have their movement in the hall restricted, avoid approaching competitors wherever possible, and have a chosen place to stand and sit.

The tatami mat should be wiped and sprayed with disinfectant on a regular basis. Equipment (helmet and body protector) should also be sprayed with disinfectant after the fight.

Persons in charge of collecting, transporting and returning the equipment should clean their hands with disinfectant or use disposable gloves and throw them away after handling the equipment.

Centre referees must wear protective gloves along with the protective mask.

## **Medical procedures / Warming places**

Every person must be considered potentially contagious; therefore, athletes and medical staff are required to wear protective equipment at all times. A handwashing and disinfection protocol will be implemented upon entering and exiting these rooms and between each intervention by the medical staff.

## **TV broadcast of the competition**

Each member of the transmission team should be subject to an individual risk assessment of infection, and those at increased risk should obtain a medical permit after passing one of the protocols.

Part of the transmission implementers working in the hall should remain on their workstations for as long as previously defined. They should avoid unnecessary conversation, adhere to measures of physical distancing.

During the stay in all zones under the authority of the organizer, it is mandatory to wear a mask. The national host of the broadcast is obliged to submit to the organizer the schedule of movements of all participants in the television broadcast.

## **Volunteers**

Volunteers are required to adhere to measures to prevent the spread of infection at all locations where they are deployed. It is mandatory to wear a protective mask that covers the mouth and nose and frequent hand disinfection. Used gloves and masks should only be stored in specially designed containers. Disinfection of tatami mats and equipment is done in a way that does not disturb the athletes and does not come in their immediate vicinity. It is necessary to take care not to enter the zone of movement of the athlete.





Asking for autographs or taking photos with athletes is not allowed.

## **B. OTHER PARTICIPANTS IN THE ORGANIZATION WHO ARE OUTSIDE THE COMPETITION ZONE OF MOVEMENT**

### **Employees**

Competition staff were deployed in multiple smaller groups and multiple rooms to reduce the risk of infection transmission. They are obliged to wear protective masks throughout their stay in front of the hall and to disinfect their hands when entering and leaving the room in which they work.

The joint meetings necessary for the implementation of the competition will be held outdoors with the obligatory wearing of protective masks.

Employees of the competition are considered to be all persons who are connected with the organizer through an employment relationship, employment contract, student contract or as volunteers, and reside in front of the hall.

### **Transport service / official drivers**

Accredited persons will be transported from the airport directly to the hotel by car or bus where all passengers and drivers will wear face masks and sit in compliance with the physical distance rule prescribed by the local authority with a recommendation of 1.5 to 2 meters.

For all participants who will be accommodated in one of the official hotels, and away from the venue of the competition, shuttle service will be provided according to a predetermined schedule with predefined names of competitors and other participants.

### **Official buses, cars and vans**

In cars, accredited persons will drive exclusively in the rear (back of the car). Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and accept only one passenger or if there are two people from the same team.

In official vans, accredited persons will be assigned to seats with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers.

In buses, accredited persons will be seated with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow





the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers.

### **All participants are advised not to use public transport.**

### **Physiotherapists / masseurs / medical service**

All team members who will perform massage and physiotherapy services are required to present a negative PCR testing not older than 72 hours before the arrival and get a rapid test in order to enter the bio-secure bubble.

### **Media representatives**

#### **Media center and press stands**

Media representatives are required to wear face masks. The organizer will ensure proper disinfection of the area where the media will be before opening, as well as cleaning and disinfection of the space every few hours. It is mandatory to keep a distance of 2 meters.

The official press conference should be held in the open if possible, with a limited number of media representatives. By coming to the official press conference, it is necessary to adhere to all the measures prescribed for the competition.

#### **Press area**

Only journalists, cameramen, members of the organizing committee and medical staff are allowed to enter the press zone.

#### **Photographers**

The number of photographers in the hall will be limited and reduced to a minimum. Photographers should wear masks and must pass an individual risk assessment. Their movement through the hall should follow the same one-way path as other accredited persons.

### **Security service**

Security guards will be deployed in the movement zones. In addition to all other measures, wearing protective masks is mandatory, as well as frequent hand disinfection.

### **Logistics**

Acceptance of goods that are necessary for the organization of the competition will be done in the open space at the front or the back of house. All participants and partners who must deliver their equipment should adhere to the schedule of delivery and collection of goods. It is mandatory to wear a mask, disinfect your hands and keep a distance of 2 m.





## Serving food

Food serving services in the hall will be in accordance with the prescribed measures of the competent authorities for this type of activity. All accredited persons and with a license to perform this activity will provide the organizer with information on employees who will work as part of the organization of the competition.

## Official accommodation

Official accommodation is mandatory for all participants.

All accredited persons should strictly adhere to the hotel's rules on physical distance and all other measures to prevent the spread of the COVID-19 disease epidemic.

It is mandatory to wear masks, disinfect your hands and measure the temperature when entering the hotels. A special room should be provided in the hotel where meals will be served to the event participants to avoid interaction with other guests in the hotel. The distribution of food will be carried out in accordance with the rules and measures to prevent the spread of infection. Staying in the restaurant should be short, and removing the protective mask is only allowed during the meal.

Athletes are not recommended to stay and move in the lobby, restaurant and other rooms of the hotel.

## Audience/Spectators

Audience/Spectators **will not** be allowed during the competition.

## VIP

The protocol service will provide VIP guests with clear instructions on how to behave during the opening ceremony and/or competition. VIP guests must wear face masks and disinfect their hands when entering the hall. They should be seated at preassigned seats.

