

# Korean Ambassador's Cup & Bratislava Open 2021 Open Slovak League SATKD



*Are you good in poomsae?  
Are you good in kicking?*



*Show your best taekwondo skills  
Became a champion*

Win in both disciplines



# BRATISLAVA OPEN

## 2021

### POOMSAE & PARA POMSAE

### 2. KOLO LIGY - ONLINE

#### ORGANIZATION

Škp Ryong Bratislava

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#### DATE

**19. 6. 2021**

**Online competition**

#### TIMETABLE

**5.6. 2021:** Draw of compulsory poomsae

**16.6. 2021:** Deadline for the registration and videos upload

**18.6. 2021:** Deadline for the payment

#### REGISTRATION

Online: [www.tpss.eu](http://www.tpss.eu)

Deadline: **16.6. 2021.**

Competition videos please send via Excel on [bratislavaopen@gmail.com](mailto:bratislavaopen@gmail.com)

#### STARTING FEE

Individual **10€**, Pair **10€**, Team **10€**

Invoice will be send after the registration

Confirmation of the payment should be send on the email: [bratislavaopen@gmail.com](mailto:bratislavaopen@gmail.com)

#### RULES

Only FINAL Round, two poomsae, each in separated video  
-each team will get the registration Excel spreadsheet sent  
By the organization to send video links.

#### AWARDS

Medals will be sent to each club.

#### CATEGORIES

Class D: 10. - 7. Kup

Class C: 6. - 4. Kup

Class B: 3. - 1. Kup

Class A: 1. Dan (Poom) a vyššie

#### Individual D, C, B class:

Pupils (2013 and younger)

Younger cadets (2012, 2011, 2010)

Cadets (2009, 2008, 2007)

Juniors (2006, 2005, 2004)

Seniors (2003 and older)

#### Individual A class:

Cadets (2009, 2008, 2007)

Juniors (2006, 2005, 2004)

Seniors under 30 (2003 - 1991)

Seniors under 40 (1990 - 1981)

Seniors under 50 (1980 - 1971)

Seniors under 60 (1970 - 1961)

Seniors under 65 (1960 - 1956)

Seniors over 65 (19545 and older)

#### Freestyle – Individual:

Under 17 (2011-2004)

Over 17 (2003 and older)

#### Para P10, P20, P30, P50, P60, P70:

Children (2007 and younger)

Juniors (2006-2004)

Under 30 (2003-1991)

Over 30 (1990 and older)

# BRATISLAVA OPEN 19.6.2021-POOMSAE

<b>Class C, D – free of choice</b>		
<b>INDIVIDUAL, PAIR, TEAM</b>	<b>Grade</b>	<b>Choose from poomsae</b>
Class D	10. - 7. Kup	1, 2, 3
Class C	6. - 4. Kup	3, 4, 5, 6, 7

<b>PRAVIDLÁ PRE A, B - poomsae will be draw</b>		
<b>INDIVIDUAL</b>	<b>Grade</b>	<b>Recognized poomsae</b>
Class B	3. - 1. Kup	4, 5, 6, 7, 8
Class A Cadets	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 40	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 50	1. Dan and higher	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Class A Seniors under 60	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A Seniors under 65	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A Seniors over 65	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
<b>PAIR, TEAM</b>	<b>Grade</b>	<b>Recognized poomsae</b>
Class B Cadets	3. - 1. Kup	4, 5, 6, 7, 8
Class A Cadets	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors over 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

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## Graduation for para

Class C: 10. - 5. Kup (free poomsae)

Class B: 4. - 1. Kup (free poomsae)

Class A: 1. Dan / Poom and higher (drawn poomsae)

## Para P10, P20, P30, P50, P60, P70

Children (2007 and younger)

Juniors (2006-2004)

Under 30 (2003-1991)

Over 30 (1990 and older)

## RULES FOR PARA CATEGORY A

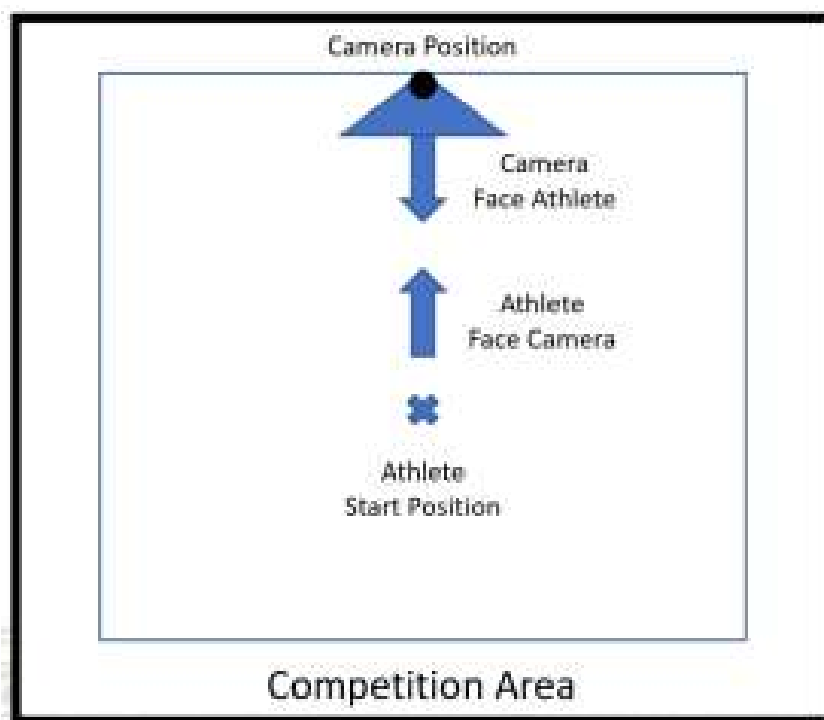
Para C, B and Children category is poomsae free of choice.

KATEGÓRIE	Age	Recognized poomsae
Class A P10	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P 20	Junior	Free choice poomsae
	Under 30	Bonus points: 1 - 3 poomsae: No bonus points
	Over 30	4 - 7 poomsae: + 0,3 bonus points 8 - Shipjin poomsae: + 0,5 bonus points
Class A P 30	Junior	4, 5, 6, 7, 8, Koryo
	Under 30	5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P 50	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P 60	Junior	6, 7, 8, Koryo, Keumgang
	Under 30	6, 7, 8, Koryo, Keumgang
	Over 30	6, 7, 8, Koryo, Keumgang
Class A P 70	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

### Note:

Only category P20 (after deducting 0.6 penalty points) can practice twice the same poomsae in the final round  
Competitors from categories P10 and P30 can choose a different poomsae than the one was drawn in the range from Taegeuk 2-yang to Hansu. In this situation the penalty points will be deducted from the final mark as follows:  
Any prescribed poomsae as a draw means -0.6 penalty points + additional deducted points  
Taegeuk 2-yang to Taegeuk 3-yang additional 0.5 penalty points  
Taegeuk 4-yang to Taegeuk 7-yang additional 0.3 penalty points  
Taegeuk 8-yang to Hans No additional deductible points

# BRATISLAVA OPEN 19.6.2021-POOMSAE



- Videos have to be recorded in HD quality – Horizontal / Landscap
- Each poomsae has to be uploaded on the platform recognized by the system. Links have to be send in Excel spreadsheet sent By the organization after the registration.
- Your Video have to be an mpeg, ogg, or vlc file,
- It is not allowed to move the recording device during performance. Changing the zoom is not allowed.
- The distance between the athlete and the camera should be selected as short as possible so that the beginning and endpoints of the techniques are fully recognizable
- The recording device has to be mounted at chest height. 0.3 is deducted for every technique that is performed „out of frame“. Sound hast to be recorded.
- Each competitor has to wear the taekwondo uniform, no shoes or jewelry
- Forms can be recorded indoor or outdoor.

**Name of the video: CATEGORY\_SEX\_NAME\_CLUB\_POOMSAE:**

SENIORI\_C\_F\_Viktoria\_Bitalova\_Falcon\_7jang\_finale1

SENIORI\_C\_F\_Viktoria\_Bitalova\_Falcon\_8jang\_finale2