



- Competition Rules -

Organization:

Taekwondo Clube de Santo António dos Cavaleiros

Event Director:

Maria Emília Martins (+351.916886936)

Coordinator:

Paulo Jorge Martins (+351.912279394)

Support:

Portuguese Sport and Youth Institute – “Sport for All”
Loures Town Hall

Referee:

The referee head team – IR Paulo Martins.
Electronic Scoring System with 5 Poomsae judges each area.
International and national referees will be invited.

Place:

“Paz e Amizade” Sport Hall
Republic Avenue – Loures - Portugal
<https://goo.gl/maps/u1GpQm1387hHoPz96>

Date:

2022 November 05

Timetable:

| Kup & Dan | |
|----------------|-----------------------------------|
| 08h00 to 08h30 | Check-in & accreditation of Teams |
| 08h30 to 08h45 | Delegates Meeting |
| 09h00 to 18h00 | Competition |
| 18h00 to 18h30 | Team Awards & Close Ceremony |

The timetable can be adjusted as soon as registration closes.

Participation:

Only invited clubs, registration is limited.
Open to all grade’s athletes, above 6 years old for Kup and Dan competitors.
Registrations are limited, as soon as this number is reached, they will be closed.

Equipment:

Dan: It’s mandatory the use of Dobok (WT competition uniform) and respective graduation belt.
Kup: It is recommended to use a dobok with a white collar and corresponding graduation belt.



Kup Competition:

| Categories | Age | Limit Birth Year | Sub-Categories |
|--------------------------|-------------------|------------------|------------------------|
| Bambis | 6 to 7 years | 2015 - 2016 | K1 / K2 |
| Benjamin | 8 to 9 years | 2013 – 2014 | K1 / K2 |
| Infant | 10 to 11 years | 2011 - 2012 | K1 / K2 |
| Cadet | 12 to 14 years | 2008 – 2010 | K1 / K2 |
| Junior | 15 to 17 years | 2005 - 2007 | K1 / K2 |
| Under 30 | 18 to 30 years | 1992 – 2004 | K1 / K2 |
| Under 40 | 31 to 40 years | 1982 - 1991 | K1 / K2 |
| Under 50 | 41 to 50 years | 1972 – 1981 | K1 / K2 |
| Over 51 | 51 or above | 1971 and before | K1 / K2 |
| 1 st Pair | 6 to 11 years | 2011 – 2016 | without sub-categories |
| 2 nd Pair | 12 to 17 years | 2005 – 2010 | without sub-categories |
| 3 rd Pair | 18 or above years | 2004 and before | without sub-categories |
| 1 st Trio M/F | 6 to 11 years | 2011 – 2016 | without sub-categories |
| 2 nd Trio M/F | 12 to 17 years | 2005 – 2010 | without sub-categories |
| 3 rd Trio M/F | 18 or above years | 2004 and before | without sub-categories |

Subcategories:

K1 – White belt to green with a blue list belt -10th Kup to 5th Kup



K2 – Blue belt to red with a black list belt - 4th Kup to 1st Kup



Dan Competition:

| Categories | Age | Limit Birth Year |
|-------------------|-------------------|------------------|
| Under 11 | 11 years or less | 2011 or after |
| Cadet | 12 to 14 years | 2008 – 2010 |
| Junior | 15 to 17 years | 2005 - 2007 |
| Under 30 | 18 to 30 years | 1992 – 2004 |
| Under 40 | 31 to 40 years | 1982 - 1991 |
| Under 50 | 41 to 50 years | 1972 – 1981 |
| Under 60 | 51 to 60 years | 1962 - 1971 |
| Under 65 | 61 to 65 years | 1957 – 1961 |
| Over 65 | 66 years or above | 1956 or before |
| Par Cadet | 12 to 14 years | 2008 – 2010 |
| Par Junior | 15 to 17 years | 2005- 2007 |
| Par Under 30 | 18 to 30 years | 1992 - 2004 |
| Par Over 30 | 31 years or above | 1991 or before |
| Trio Cadet M/F | 12 to 14 years | 2008 – 2010 |
| Trio Junior M/F | 15 to 17 years | 2005 - 2007 |
| Trio Under 30 M/F | 18 to 30 years | 1992 - 2004 |
| Trio Over 30 M/F | 31 years or above | 1991 or before |

Dan Special Rules:

Cut-off system: Semi-final; 2 Poomsae (advancing the 8 contestants with the best classification) Final; 2 Poomsae. All compulsory Poomsae will be announced 1 week before the competition will be held (29th October).



Designated Compulsory Poomsae by Category:

| Kup Categories | Poomsae Range |
|--|---|
| K1 – White belt to green with blue list belt (10 th Kup to 5 th Kup) | Taegeuk 1 / 2 / 3 / 4 / 5 (il, i, sam, sa, oh) |
| K2 – Blue belt to red with black list belt (4 th Kup to 1 st Kup) | Taegeuk 4 / 5 / 6 / 7 / 8 (sa, oh, yuk, chil, pal) |

Athletes should choose 2 different Taegeuk from “Poomsae Range”. 10th, 9th and 8th Kup can repeat the Taegeuk 1(il). Cut-off system; order by final classification (rank)

| Dan Categories | Compulsory Poomsae |
|---|--|
| Under 11 / Cadet / Pair Cadet / Trio Cadet | Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang |
| Junior / Junior Pair / Junior Trio | Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang, Taebaek |
| Under 30 / Under 40 / Under 30 Pair and Under 30 Trio | Taegeuk 6, 7, 8 Chang Koryo, Keumgang, Taebaek, Pyongwon, Shipjin |
| Under 50 / Over 30 Pair / Over 30 Trio | Taegeuk 8 Chang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon |
| Under 60 / Under 65 / Plus 65 | Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu |

Deadline & Fees:

| Deadline | Category | Fee |
|-----------------------------------|----------|----------------------|
| Up until 25 th October | KUP | 15€ each inscription |
| | DAN | 25€ each inscription |

The inscription fee is the amount payable by the club, for each entry (Individual / Pair / Trio).

There will be no tolerance regarding the deadlines mentioned ahead.

Inscriptions will be validated only after payment confirmation made by money order to TCSAC bank account with IBAN:

PT50.0033.0000.45431330214.05 SWIFT Code: **BCOMPTPL** - Online inscriptions in Taekoplan <https://www.tps.eu/login.asp>

Registration is limited, as soon as this number of participants is reached, they will be closed.

Classifications:

| Individual / Pairs / Trios – Kup & Dan |
|--|
| 1 st Place – 7 points |
| 2 nd Place – 3 points |
| 3 rd Place – 1 point |

Prizes:

| Individual / Pars / Trios – Kup & Dan |
|---------------------------------------|
| 1 st Place – medal |
| 2 nd Place – medal |
| 3 rd Place – medal |
| 3 rd Place – medal |

The medals will be handed out on the podium just after the end of each category, with images collected.



| TEAMS | | | |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| Female Kup | Male Kup | Female Dan | Male Dan |
| 1 st Place – Trophy | 1 st Place – Trophy | 1 st Place – Trophy | 1 st Place – Trophy |
| 2 nd Place – Trophy | 2 nd Place – Trophy | 2 nd Place – Trophy | 2 nd Place – Trophy |
| 3 rd Place – Trophy | 3 rd Place – Trophy | 3 rd Place – Trophy | 3 rd Place – Trophy |

The trophies will be delivered on the podium at the end of the Open, with registration of images.

Expenses and Medical Liability:

All expenses and medical liability will be responsibility of the team.

The organization is not responsible for any physical damage that may occur.

The organization is not liable for property damage that occurred during competition.

Protests:

It will be only allowed to protest for miscalculation in final score. The protest must be submitted in writing to organization after publication of the judges scoring, in ten minutes, together with deposit of **100€** (not refundable). Regardless of decision of the organization is not subject to appeal.

General Rules:

Regulations may change, in this case information will be provided as soon as possible.

Access to the competition area will be limited. Only accredited athletes and coaches have access to the competition area of the sport hall.

The contestants should act within the “Spirit of Taekwondo and Sports Ethics”. They will act with civility, under penalty of their teams being expelled from the competition.

Clubs to sign up for the Open, accept this regulation and authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.

Omissions:

If any missing / incongruity it will be solved by the Open’s Technical Committee and shall be definitive. The TC is composed by the Event’s Director, Referee Head Team and other experienced referee initially nominated.

Organizing Committee





RESPONSIBILITY DECLARATION

The participation Club in the “6th TKDSAC Poomsae Open 2022” taking part on 05th November 2022, automatically understands and authorizes:

1. Understand and accept the above-mentioned rules and regulations.
2. By registering the athletes through the represented Club, we confirm that all participants gather the necessary conditions for participations and have a valid mandatory sports insurance.
3. The Team delegate is responsible for all acts committed by team members and any associated people. As well as the responsibility for accompanying any athlete to the Hospital, in non-urgent medical situation.
4. The Club Delegate is responsible for all inscription data file information.
5. Also have the responsibility to collect all the participation permits by the guardians of minor athletes.
6. Authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.