



**MAGYAR TAEKWONDO SZÖVETSÉG**  
HUNGARIAN TAEKWONDO FEDERATION

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# *Hungarian Taekwondo Association*

## *Olympic Hopes Competition*

**2022. 10. 29.**  
**Dunaharaszti**





## Competition

Date	October 29, 2022 (Saturday)
Location	Dunaharaszti Sports Hall Dunaharaszti, Napsugár u. 2. (next to TESCO supermarket) <a href="https://www.facebook.com/dhsportcsarnok/">https://www.facebook.com/dhsportcsarnok/</a>
Auctioneer	Hungarian Taekwondo Association
Director	Hungarian Taekwondo Association
Race Director	Roland Kiss
Rules	Adapted for MTKDSZ /WT rules
Deadline for entries	24 October 2022
Submit entries	tpss.eu – Fighting/Form Practice Speed kick – on site
Entry fee	Rapid kick 2500 HUF/person – 7 EUR Individual Poomsae 8000 HUF/person – 30 EUR Para Poomsae 2500 HUF/person – 7 EUR Team Poomsae 3500 HUF/person – 10 EUR Pairs Poomsae 3500 HUF/person – 10 EUR Freestyle Poomsae 5000 HUF/person – 15 EUR Poomsae and Freestyle 8000 HUF/person – 30 EUR Fight 8000 HUF/person – 30 EUR
General information	Roland Kiss +3670-770-47-54 <a href="mailto:kiss.roland@wttaekwondo.hu">kiss.roland@wttaekwondo.hu</a>  Chief Referee Tamás Lányi
Entry information	Information on kyorugi contest: István Madarász 0670/618-96-22 <a href="mailto:lmadaraszistvan1@gmail.com">lmadaraszistvan1@gmail.com</a> Poomsae tournament entry information: János Lerch 0620/560-27-37 <a href="mailto:lerch@outlook.com">lerch@outlook.com</a>
Entry	Admission is free. Support tickets can be purchased in the amount of 500 HUF.



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## Competition rules:

According to the competition rules adapted to Hungarian Taekwondo Federation, full contact – K.O. system, i.e.:

- Children I. and Children's II age groups are prohibited from kicking the head;
- Children's III and Cadet 'B' categories are prohibited from kicking the head;
- Junior, Adult and Veteran 'B' categories are prohibited from head kicking;
- Children's III, Cadet, Junior, Adult and Veteran "A" categories are allowed to kick the head.

## Categories:

- Child I and Child II – one category (category "C")
- Child III, Cadet, Junior, Adult, Veteran – separate 'A' and 'B' categories

## Categorization:

Category 'A': 4th kup and above.  
Category 'B': 5th kup and below

## Weight-in

28.10.2022 weight-in in Budapest (place to be announced later)  
29.10.2022 at the competition venue from 7.00 to 8.30

However, weight-in on the day of the competition is possible, if the athlete is not able to produce the right weight, he or she will be disqualified. A maximum tolerance of 200g is acceptable for weighing into the weight group. After the draw, it is not possible to change weight and age groups.

**The age and weight modifications can be made on the TPSS website until 28.10.2022, before the draw.**

The draw will take place the day before the competition.



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## Age classes and weight groups:

- **Child I** (6-7 years old),  
-22, -24, -27, -30, -33, -37, +37 kg (boys and girls)
- **Child II** (8-9 years old),  
-24, -27, -30, -33, -37, -40, -44, +44 kg (boys and girls)
- **Child III** (10-11 years old),  
-30, -33, -36, -40, -44, -48, -53, +53 kg (boys and girls)
- **Cadet** (12-14 years old),  
Boys: -41, -45, -49, -53, -57, -61, +61 kg  
Girls: -37, -41, -44, -47, -51, -55, +55 kg
- **Junior** (15-17 years old)  
Boys: -48, -51, -55, -59, -63, -68, -73, +73 kg  
Girls: -44, -46, -49, -52, -55, -59, -63, +63 kg
- **Adult** (older than 17 years)  
Male -58, -68, -80, +80 kg  
Female -49, -57, -67, +67 kg
- **Veteran** – born before 1987 (over 35 years old)  
Male: -58, -68, -80, +80 kg  
Female: -49, -57, -67, +67 kg

Which age class a contestant belongs to is determined by his/her year of birth.

## Merge:

There is no merge in terms of the official result!



## Match time:

- Children's age groups I, II and III: 3 x 1 minutes, 30 second rest.
- Cadet: 3 x 1 minutes, 30 second rest.
- Junior, adult: 3 x 1.5 minutes, 30 second rest.
- Veteran: 3 x 1 minutes, 30 second rest.

## The competition will take place according to the new WT rules.

Based on the judgement of the chief judge and the competition director, changes in the round's times are possible before the competition.

## Terms and Conditions

The competition is open to athletes from other WTE member countries.

## Entry fee

The entry fee can be transferred to the account of the Hungarian Taekwondo Federation or paid in cash at the registration. On-site the entry fee payment lasts until 9:30 am.

EUR:	HUF
Account number:	Account number:
10300002-20162768-48820019	10300002-20162768-00003285
IBAN account number:	IBAN account number:
EN21 1030 0002 2016 2768 4882 0019	EN28 1030 0002 2016 2768 0000 3285
MKB BANK PLC.	MKB BANK PLC.
SWIFT code	Hungarian Taekwondo Association
MKKBHUHBXXX	
Bank address VACI U. 38 BUDAPEST Hungary	
Hungarian Taekwondo Federation	



## Poomsae competition

<b>Individual</b>					
Category	Age class	Belt	Poomsae	System	
<b>Cat A</b>	Child (7-11)	2. geup or higher	Taeguk 4,5,6,7	Cut-off	Will be Drawn
	Cadet (12-14)		Taeguk 4,5,6,7,8	Cut-off	
	Junior (15-17)		Taeguk 4,5,6,7,8 Koryo	Elimination	
	Adult (18+)		Taeguk 4,5,6,7,8 Koryo, Keumgang, Taebaek	Elimination	
	Adult (30+)		Taeguk 4,5,6,7,8 Koryo, Keumgang, Taebaek	Elimination	
	Adult (40+)		Taeguk 4,5,6,7,8 Koryo, Keumgang, Taebaek	Elimination	
<b>Cat B</b>	Child (7-11)	10-3. geup	Taeguk 1,2,3,4,5,6	Cut-off	Can be chosen
	Cadet (12-14)		Taeguk 3,4,5,6	Cut-off	
	Junior (15-17)		Taeguk 3,4,5,6,7	Cut-off	
	Adult (18+)		Taeguk 3,4,5,6,7,8	Cut-off	
	Adult (30+)		Taeguk 3,4,5,6,7,8	Cut-off	
	Adult (40+)		Taeguk 3,4,5,6,7,8	Cut-off	
<b>Para</b>	Adult (18+)	any	Taeguk 1,2,3,4,5,6,7,8	Cut-off	
<b>Freestyle</b>	Child (7-11)	any		Cut-off	
	Cadet (12-14)				
	Junior (15-17)				
	Adult (18+)				



Pairs				
Category	Age class	Belt	Poomsae	
Cat A	Child (7-11)	2. geup or higher	Taeguk 4,5,6,7	Will be Drawn
	Cadet (12-14)		Taeguk 4,5,6,7,8	
	Junior (15-17)		Taeguk 4,5,6,7,8 Koryo	
	Adult (18+)		Taeguk 4,5,6,7,8 Koryo, Keumgang, Taebaek	
B kat.	Child (7-11)	10-3. geup	Taeguk 1,2,3,4,5,6	Can be chosen
	Cadet (12-14)		Taeguk 3,4,5,6	
	Junior (15-17)		Taeguk 3,4,5,6,7	
	Adult (18+)		Taeguk 3,4,5,6,7,8	

Pairs arranged in cut-off system.

Teams				
Category	Age class	Belt	Poomsae	
Cat A	Under 15 years	2. geup or higher	Taeguk 4,5,6,7,8	Will be Drawn
	15-30 years		Taeguk 4,5,6,7,8 Koryo, Keumgang, Taebaek	
	Over 30 years		Taeguk 4,5,6,7,8 Koryo, Keumgang, Taebaek	
B kat.	Under 15 years	10-3. geup	Taeguk 1,2,3,4,5,6,7,8	Can be chosen
	15-30 years		Taeguk 1,2,3,4,5,6,7,8	
	Over 30 years		Taeguk 1,2,3,4,5,6,7,8	

Teams arranged in cut-off system.



- There is a separate women's and men's competition in each age class and category.
- The competition is arranged in „cut-off” system. 1-1 poomsae in preliminaries and the semifinal, 2 poomsae in the final must be performed.
- In Individual category „A”, in Junior and Adult (18+, 30+, 40+) age classes, the competition is arranged in „elimination” system. In elimination system, 1 poomsae must be performed in each round.
- In category „A” competitors must know all the possible poomsae of their category. Poomsae, which must be presented, is drawn.
- If the competitor doesn't know the poomsae drawn, no other poomsae can be presented.
- The drawing will take place the day before the competition.
- There is no drawing in category "B", the competitors are free to choose from the poomsae given for the age class.
- Which age class a contestant belongs to is determined by his/her year of birth
- In pairs and teams, category “A” a Female and a Male contestant can create a pair only and only contestants of the same sex can create a team (F/F/F or M/M/M).
- In pairs and teams, category “B” any composition, i.e. men's, women's or mixed pairs and teams are allowed to compete.
- The pair or team are ranked in age groups and categories based on the oldest competitor and the highest belt classification
- One competitor can participate in one pair and in one team only!

#### **FREESTYLE POOMSAE:**

- The individual creative, freestyle poomsae competition is held in accordance with the official WT rules.
- The result counts towards the team points competition
- Prize: medal and certificate for the I-III places
- For creative poomsae, music should be delivered on a usb drive

## **Para-Poomsae individual competition**

In accordance with our traditions, we also want to make room for our fellow athletes with disabilities, so we have included the Para-poomsae category in the program here as well.

- In this category, two freely chosen form exercises will be presented by the competitors.
- Category breakdown by classification.

## **How the competition works**

- The tournaments are held in single elimination system, by flag. In the qualifiers, semi-finals and final, 1-1 poomsae must be performed.
- Each poomsae should be presented over a time interval of 30-90 seconds. The rest time between the two poomsae is 30-60 secs.





- The referee chairman of the competition with the consent of the organizer can change the order of the category „B” at the beginning of the competition. In such case coaches must be informed on these changes.

### ATTENTION!

In any age group category, if only one competitor competes, he or she must also demonstrate the poomsae that applies to that category, only then can he or she receive a medal. **His or her result still counts towards the team competition!**

## Rapid kicking competition

### Rules:

- **Conduct of the competition:**  
The contestants follow one after the other. Each contestant can try **twice**. The result of the better one counts towards the competition. In the event of a tie, the contestants decide the medal finishes in an extra round.
- Daedo PSS electronic system is kicked in by the contestants.
- A valid result is what is entered.
- In a Daedo PSS electronic foot guard, you need to kick the protector.
- **Foot guards should be brought by everyone! There is no possibility to rent!**
- Clothing: dobok, belt
- Kicking time: 20 sec
- Between two consecutive kicks, the executing leg must touch the ground (e.g.: scissoring, snapping).
- The scoreboard is constantly visible to the contestants.
- Judge starts and stops the contestant.

### Age classes (boy, girl):

- **Children I-II** (6-9 years old),
- **Children III** (10-11 years old),
- **Cadet** (12-14 years old),
- **Junior** (15-17 years old),
- **Adult** (18-35 years old),
- **Veteran** (35+ years old)

### Prize:

- Medal and certificate for the I-III places



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## Program

(planned)

Children/Cadet/ Junior/ Adult/Veteran

07:00-08:30	Registration / weight-in
08:30-08:45	Technical meeting
09:00-09:15	Opening
09:20-18:00	Speed kicking competition, Poomsae, Kyorugi
18:00-18:30	Team results announcement/Closing of the competition

Lunch breaks will take place continuously on the courts one after the other, so the execution will be continuous.

## Other information

At registration, the club manager can register on behalf of his students with the simultaneous presentation entry fees as well as parental permission.

We kindly ask everyone to arrive as early as possible so that we can complete the registration by 08:30!

**We wish everyone good preparation and good luck!**

## Hungarian Taekwondo Federation

dr. Zsolt Márton Krisztián  
President

Kiss Roland  
Secretary general/Competition Director



## **Hungarian Taekwondo Association**

### **Parental consent to participate in the OHC Kyorugi/Poomsae/Speed kick**

I, the undersigned \_\_\_\_\_  
\_\_\_\_\_, consent to the participation of my child \_\_\_\_\_  
\_\_\_\_\_ (born in \_\_\_\_\_) on the  
OHC competition 2022 to be held on 29/10/2022 in the Dunaharaszti Sports Hall. I am aware of  
the risks and injuries that competition can entail due to competition rules. I acknowledge that the  
competition takes place according to MTKDSZ / ETU / WTF rules and the organizers are not  
liable for any injuries or damages. The Federation shall not be liable for any accidents on the OHC  
that occur outside the sports field.

Date: .....

Parent/guardian's signature: .....



## **Hungarian Taekwondo Association**

### **Declaration on the state of health of an adult athlete to participate in the OHC**

Undersigned..... declare that today (and in the 48 hours prior to today), I have not noticed the following symptoms on myself:

- Fever (from 37.0 °C)
- Fatigue, headache
- Sore throat
- Runny nose-nasal congestion
- Dry cough
- Shortness of breath
- Muscle pain

In reference to the above, I declare in my responsibility that I will participate in the Olympic Hopes Competition in a completely healthy and at my own risk.

Date: .....

Athlete's signature: .....