



## Open Challenge Cup 2023



### Poomsae

Saturday March 4<sup>th</sup> 2023

Tongeren / Belgium



Individual Pomsae, Pairs, Teams. Freestyle Poomsae, Para Poomsae

Belgian Taekwondo Federation Ranking Tournament

Dear President, Dear Taekwondo Colleague,

It is our pleasure to invite you and your team to participate in the Open Challenge Cup Poomsae 2023 which will be held in Tongeren, Belgium.

**Registrations:** Can only be made using the online subscription site TPSS. To login and register please visit: [www.tpss.eu](http://www.tpss.eu) **Deadline:** Sunday February 26<sup>th</sup> 2023!!

**Entry Limit:** In order to provide a high quality championships, the entries will be limited to no more than 300 entries. If we reach this number before the deadline, the online registration will be closed earlier.

All competition areas are with electronic points system for poomsae competition. Each coach will receive a poule list with a complete time table.

Please mark our event in your calendar and make sure not to miss this high-level quality championship. If you need any assistance, please do not hesitate to contact the organisation team.

Bruno Graziano: Tournament Director

Phone +32 (0)11/31.49.41 Mobil + 32 (0)475/61.38.39 E-mail: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

Referee Coordinator Mustapha Moutarazak

[m.moutarazak@hotmail.com](mailto:m.moutarazak@hotmail.com)

Organization: Tkd Academy Ge-We under the auspice of Taekwondo Vlaanderen - BTF

With the cooperation of the sport council and the sport department of Tongeren



## Place

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Sportcomplex "Sportoase Eburons Dome"  
Vrijheidweg 9, 3700 Tongeren (Oost), België  
Tel: +32 (0)12/39.31.11

## Date

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Saturday, March, 4<sup>th</sup> 2023

## License

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Belgian participants must be in possession of a valid taekwondo license 2023 delivered by one of the regional recognized and subsidized unisport federations that offers WT.-taekwondo.

Foreign participants must be in possession of a valid license 2023 of a recognized taekwondo federation that offers WT. taekwondo

## Rules

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TKDV./WT. rules [www.taekwondo.be](http://www.taekwondo.be) (see downloads)

[Regulation for spectators](#), see RIO TKDV. vzw and [disciplinary regulations TKDV vzw](#)

Competition Rules: WT. / TKDV. [www.taekwondo.be](http://www.taekwondo.be) VTB vzw en RIO TKDV. vzw

## System

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### Cut Off Systeem

+ 20 competitors 3 rounds: from the preliminary round 50% goes to semi-finals)

9/19 competitors 2 rounds: the best 8 goes to the final

Categories: 8 competitors final round:

## Graduation

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A-category: 1<sup>st</sup> Poom / Dan and higher.

B-category: 4<sup>th</sup> Kup until 1<sup>st</sup> Kup

C-category: 8<sup>th</sup> Kup until 5<sup>th</sup> Kup

D-category: 10<sup>th</sup> kup until 9<sup>th</sup> Kup

## Forms: A-Class : BY DRAWING LOTS

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1st round: 1 taegeuk

2nd round: 1 taegeuk

3th round: (final) 2 taegeuks

## Categories

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Individual, Competitors shall be allowed to participate in one or more divisions. Pair, Team Division

Free Style Poomsae: Individual, pair and team division – only for A-categories!!

Para-taekwondo

A-CLASS : BY DRAWING LOTS – Announcement on [www.taekwondo.be](http://www.taekwondo.be) on 01/03/2023

B, C & D-Class ( New Rules Flemish federation TV. See Table Below )

All age categories in the competition are based on the year of birth. For example, if someone is 17 years old on the day of the competition but will become 18 before the end of the year (2023) then he/she will participate in the category of 1<sup>st</sup> Seniors (18-30 years old).

**Individual** (Male/Female separate): A, B, C, D

Age: till 8y, 9-11y, 12-14y, 15-17y, 18-30y, 31-40y, 41-50y, 51-60y, 61-65y, ≥66y

**Pair** (1 male + 1 female): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

**Team** (3 male or 3 female– not mixed): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

**Para-Taekwondo** – only individual (male/female separate): A category and BCD (1 group)

Individual: A: age: till 17y, ≥ 18y

B+C+D (1 group): age: till 17y, ≥ 18y

Each participant is free to choose a poomsae. One round only.

**Free Style** – Individual (male/female separate), Pair (1 male+1 female),

Team (3 male or female), Mixed team (2male+3female or 3male+2female)

ONLY A/B-categories!!

**Individual** A: till 17y, ≥ 18y

**Pair** A: till 17y, ≥ 18y

**Mixed team** A: All ages

**Music** A: min. 60 sec – max. 70 sec – **bring your music on CD or USB**

Only for belts B, C and D: | In the individual discipline, each athlete has the choice of participating in the age category above his own. | A pair or a team is formed in the same age category. Nevertheless, it is admitted that one person of the pair or 2 persons of the team can have the category of ages just below or above. | A pair or a team is formed in the same class of belts. Nevertheless, a combination of different belts B, C, D is allowed. A pair or a team must participate in the highest age category and the highest belts class. This does not apply to A class!

Registrations: [www.tpss.eu](http://www.tpss.eu)

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Deadline Sunday february 26<sup>th</sup> 2023!!!

Information Bruno Graziano: +32 (0)11/31.49.41 / +32 (0)475/61.38.39

E-mail: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

## Time Table

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**Friday 3<sup>rd</sup> March 2023, 18:30 – 20:00:** registration at the Sport Hall

**Saturday 4<sup>th</sup> March 2023**

**07:30 – 08:30: registrations!!!**

09:00 – 09:30: Referee meeting

09:45 – 10:00: Coach meeting

10:30: start contests

The detailed time schedule will be available at the registration

The prizes will be distributed immediately on the fields.

## Entry Fee

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Individual: € 25,- Pairs: (2) € 35,- Teams: (3) € 35,-

Spectators Adult € 8,00 Childeren – 10 year admission free

Head of team is granted free admission only for national teams.

**Entry fees must be paid by bank in advance: Before February 28th 2023!!!**

Name: Taekwondo Academy GE-WE Wellen

**Account number: IBAN BE15 0011 9676 9630 / BIC: GEBABEBB**

**Mentioning: OCC Poomsae 2023, name team + number of participants individual. pair. & team.** Mail your proof of payment to: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

## Awards

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To all winners of 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place - Teams 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> place

Teams: Gold m. 7 points, Silver m. 3 points, Bronze m. 1 point

## Hall Rules

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Only the competitors and their coaches have admittance by the registration cards to the contest areas. One coach for every five competitors has free admission with a maximum of 3 coaches per team. Only in sportswear.

## Protest:

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Only the official coach is allowed to protest to the LSC, immediately after the end of the contest within 10 minutes. An amount of € 50,- will have to be paid to the competition board. The decision of the referee chairman is final.

## Liability

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All competitors are considered to participate at their own risk. The organization crew and the organizer assume no responsibility for any damages, injuries or losses

## Referee

We will have a neutral competition. Each team invited, will be asked to support us with maximum 1 national or international Referee. As there are not enough referees, we will complete it with national Referees. All judges who participate will receive a monetary allowance (€ 60 day) as well as free full lunch and refreshments.

Information: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

TABLE A-CLASS – 1 <sup>ST</sup> DAN/POOM: DRAWING OF LOTS	
Announcement: 01/03/2023 <a href="http://www.taekwondo.be">www.taekwondo.be</a>	
1st round 1 poomsae 2nd round 1 poomsae 3th round (final) 2 poomsae	
<b>INDIVIDUAL</b>	
Age	Poomsae
until 8y	Taegeuk 1,2,3,4,5,6,7,8 jang
9-11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
31-40y	
41-50y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
51-60y	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
61-65y	
≥66y	
<b>PAIR</b>	
Leeftijd	Poomsaebereik
until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥31y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
<b>TEAM</b>	
Leeftijd	Poomsaebereik
until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥ 31y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

**TABLE CLASS B / C / D /****Poomsae Free to choose****But required to register at [www.tpss.eu](http://www.tpss.eu) before 26/02/2023****B / C - CLASS**

1st round: 1 taegeuk / 2nd round: 1 taegeuk 3th round: (final) 2 taegeuks

**D – CLASS possible to do 3 times the same poomsae**

A person can only participate in one discipline ( in one pair / or one team )

Each coach will receive a poule list with a complete time table.

**NOTE:** Times are subject to change!**AGE CATEGORIES****CLASS B****CLASS C****CLASS D**

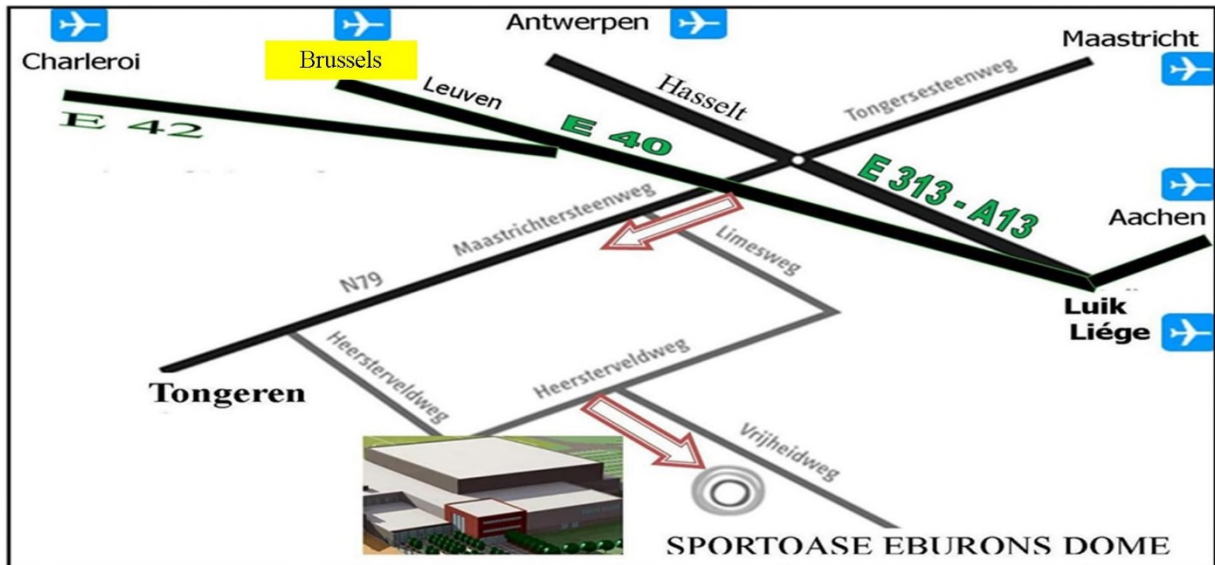
<b>Individual</b>	Pupil until 8y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Miniem 9-11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U40 31-40	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U50 41-50	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U60 51-60	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U65 61-65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O65 + 65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2

<b>Pair</b>	Miniem until 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O30 +31	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2

<b>Team</b>	Miniem until 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O30 + 31	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2

## Airport

For your own comfort and budget, please use Brussels National Airport (Zaventem) and try to avoid Brussels South Charleroi



## Sportcomplex



## Accommodation

Sporthotel Kattevenia Bloso  
Kattevennen 15 3600 Genk (15Km ) [Low price](#)  
Tel.: 089 86 91 30 Fax: 089 86 91 44  
E-mail: [genk@bloso.be](mailto:genk@bloso.be) [www.bloso.be](http://www.bloso.be)

Hotel Limburgia  
Op 't Broek 43770 Kanne (Riemst) (5 km)  
Phone: + 32 (0) 12 45 46 00 Fax: 0032 (0)12 - 45 66 28  
E-mail: [hotellimburgia@pandora.be](mailto:hotellimburgia@pandora.be) [www.hotellimburgia.be](http://www.hotellimburgia.be)

Gastenkamers Campola (± 5 Km.)  
Koninksemstraat 186 3700 Koninksem Tongeren  
Phone Fax:+ 32 (0) 12 23 36 65  
[campola.traiteur@skynet.be](mailto:campola.traiteur@skynet.be)

BAVERSHOF  
Elderenstraat 133 - 3700 Tongeren (± 5 Km.)  
Phone: + 32(0) 12 23 43 18 fax : + 32(0) 12 39 25 18  
[bavershof@telenet.be.net](mailto:bavershof@telenet.be.net) [www.bavershof.be](http://www.bavershof.be)

Hotel Arte  
Europalaan 68 3600 Genk (± 15 Km.)  
Phone. +32 (0)89 35 20 06 Fax: + 32 (0)89 36 10 36  
[info@hotelarte.com](mailto:info@hotelarte.com) <http://www.hotelarte.com>

**“De Roerdomp” (Youthcenter) Bed & Breakfast**  
Boekrakelaan 30 3600 Bokrijk - Genk (± 20 Km.)  
Phone +/32 (0) 89 35 62 20 Fax + 32 089 30 39 80  
[bokrijk@vjh.be](mailto:bokrijk@vjh.be) [www.jeugdherbergen.be](http://www.jeugdherbergen.be)

Fam. Franssens  
Ganzebroekstraat 13 3590 Diepenbeek (± 10 Km.)  
Phone +32 (0)11 72 53 08 Fax + 32 (0) 11 72 53 08  
[eric.franssens@telenet.be](mailto:eric.franssens@telenet.be) [www.familiefranssens.be](http://www.familiefranssens.be)

Hotel-Gasthof Boniface  
Toekomststraat 27  
3770 Riemst-Heukelom (± 10 Km.)  
phone: +32-(0)12-458650 Fax: +32-(0)12-742360  
[hotel@gasthof-boniface.com](http://hotel@gasthof-boniface.com) <http://www.gasthof-boniface.com>

**Hotel Holliday Inn Hasselt**  
Kattegatstraat 1 3500 Hasselt ( 20km )  
Phone +32 (0) 11 24 22 00  
[www.hihasselt.com](http://www.hihasselt.com) E-mail: [info@hihasselt.com](mailto:info@hihasselt.com)



**EBURON HOTEL**

de Schiervelstraat 10, 3700 Tongeren (± 5 Km.)  
Phone: + 32 (0) 12 23 01 99 fax :+32 (0)12 26 13 70  
[info@eburonhotel.be](mailto:info@eburonhotel.be) [www.eburonhotel.be](http://www.eburonhotel.be)

**Hotel Malpertuus**

Tongersesteenweg 145 3770 Riemst (± 5 Km.)  
Phone + 32 (0) 12 45 15 38 Fax + 32 (0) 12 45 57 73  
[www.malpertuus.be](http://www.malpertuus.be)

**Hotel AMBIOTEL**

Veemarkt 2 3700 TONGEREN (± 5 Km.)  
Phone + 32 (0) 12 26 29 50 Fax : +32 (0)12 26 15 42  
[www.ambiotel.be](http://www.ambiotel.be) [ambiotel.tongeren@belgacom.net](mailto:ambiotel.tongeren@belgacom.net)

**Radisson Blu Hotel, Hasselt**

Torenplein 8, B-3500 Hasselt, Belgium (± 20 Km)  
T: +32 11 77 00 00, D: +32 11 77 00 74  
[www.radissonblu.com/hotel-hasselt](http://www.radissonblu.com/hotel-hasselt)

**OaseHotel**

Havenstraat 18, 3600 Genk (± 15 Km.)  
Phone +32 (0)89 35 32 67 Fax+32 (0)89 30 33 17  
[oase.nv@telenet.be](mailto:oase.nv@telenet.be) [www.oasegenk.be](http://www.oasegenk.be)

**Hotel Century**

Leopoldplein 1, 3500 Hasselt (± 20 Km.)  
Phone +32 (0)11 22.47.99 Fax +32 11 23 18 24  
[hotel@century.be](mailto:hotel@century.be) [www.century.be](http://www.century.be)

**Hotel Ibis**

Thonissenlaan 52 3500 Hasselt (± 20 Km)  
Phone 32 11 23 11 11 Fax 32 11 24 33 23  
[h1456@accor.com](mailto:h1456@accor.com) <http://www.ibishotel.com>

**Hotel Holiday Inn**

Kattegatstraat 1 3500 Hasselt (± 20 Km.)  
Phone +32 11 24 22 00 Fax 32 11 22 39 35  
[hotel@holiday-inn-hasselt.com](mailto:hotel@holiday-inn-hasselt.com)  
<http://www.holiday-inn.com/hasseltbel>

**Best Western Hotel Atlantis**

Fletersdel 1 B-3600 Genk (± 18Km.)  
Tel: +32 (0) 89/321010  
[info@hotelatlantis.be](mailto:info@hotelatlantis.be) <http://www.hotelatlantis.be>

**“Hotel Campanile Liégé”**

*Location: RUE JEAN BAPTISTE JUPPIN 17/18, LIEGE, (± 15 Km)*

- **Phone:**+ 32 04 224 02 72

[www.campanile.com/hotel/liege](http://www.campanile.com/hotel/liege)