



# 1<sup>st</sup> BALKAN CUP G-1

26 – 27 November 2023  
SARAJEVO / BOSNIA AND HERZEGOVINA



Dear friends,

It is my pleasure to invite your team to the 1<sup>st</sup> Balkan Cup G-1, E-1 in Sarajevo 2023!

This event is an event in which our athletes can meet and taste how it feels to fight in different divisions.

Registration is now open and I invite all of you to register and be part of an amazing event. We have already felt the warm hospitality of Bosnia and Herzegovina at past events and I am looking forward to be back in Bosnia and Herzegovina again!

Yours,

***Dr. Metin Şahin***

*President of Balkan Taekwondo  
Union*

**Dear friends,**

It is my honour to invite you and your team to participate in the 1<sup>st</sup> G1/E1 Balkan Cup 2023! We are very proud to be part of the European Taekwondo Family and on 26 – 27<sup>th</sup> November we invite you all in Sarajevo, Bosnia and Herzegovina, to compete but also to taste our great hospitality!

Our event aims to be one of the best and high-quality events in the Balkan area where we will welcome teams from all over the world!

We are looking forward to receive your confirmation of participation for this event no later than 15<sup>th</sup> November 2023.

Yours sincerely,

**Samir Šarić**  
*President of Taekwondo Federation of  
Bosnia and Herzegovina*



## **SANCTIONED BY**

World Taekwondo  
10th Floor, Booyoung Taepyeong Building  
55, Sejong-daero, Jung-gu, Seoul  
Republic of Korea 04513

## **ORGANIZER**

Taekwondo Association of the Federation of Bosnia and Herzegovina  
Šerifa Loje 22, 71000, Sarajevo  
[tkdsfbih@gmail.com](mailto:tkdsfbih@gmail.com)

## **WORLD RANKING**

G1 World Ranking is applicable at the Balkan Cup 2023

## **EUROPEAN RANKING**

European Ranking is applicable at the E1 Balkan Cup 2023

Juniors: E1

Cadets: E1

## **VENUE**

Sport Hall Goran Cengic  
Zvornicka 23,  
71000, Sarajevo  
Bosnia and Herzegovina,

## **COMPETITION DATES & SCHEDULE**

26 – 27<sup>th</sup> November 2023

## **REGISTRATION & ACCREDITATION**

25<sup>th</sup> – 26<sup>th</sup> November 2023, Hotel Holiday

25<sup>th</sup> November: 10:00 am – 6:00 pm

26<sup>th</sup> November: 10:00 am – 2:00 pm

## **WEIGH-IN DATES, SCHEDULE & LOCATION**

25<sup>th</sup> – 26<sup>th</sup> November 2023, Hotel Holiday

### **Schedule**

25<sup>th</sup> November: 10:00 am – 6:00 pm, all Juniors/Cadets divisions

26<sup>th</sup> November: 10:00 am – 2:00 pm, all Seniors divisions

## **RANDOM WEIGH-IN**

Selected athletes must be present at 08:00 hrs sharp. The names of the athletes selected for the Random weigh-in will be published at 07:00 hrs on the competition day on the following (social) media platforms:

Facebook: [facebook.com/taekwondo.savez.bih](https://facebook.com/taekwondo.savez.bih)

## **DRAW SHEETS & BRACKET PUBLICATION**

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 9:00 pm on the following (social) media platforms:

Facebook: [facebook.com/taekwondo.savez.bih](https://facebook.com/taekwondo.savez.bih)

Instagram: [instagram.com/taekwondosavezbih](https://instagram.com/taekwondosavezbih)

## **SEEDING**

Seniors will be seeded according to the last published WT ranking

Cadets and juniors according to the last published European ranking

## **COMPETITION RULES**

WT Competition Rules & Interpretation

## **COMPETITION SYSTEM**

Single elimination tournament system.

## **CONTEST TIME**

Best of 3 system, cadets and juniors, 1:30 minutes each round, 1 minute break,

seniors, 2 minutes each round, 1-minute break between each round

The WT Technical Delegate has the authority to adjust the contest time as he sees fit.

## **ELIGIBILITY REQUIREMENTS**

1. Holder of a valid 2023 WT Global Athlete License;
2. Member of the team/club of a pertinent Member National Association, recognized by Taekwondo Europe or World Taekwondo;
3. Holder of Taekwondo Dan certificate for Seniors. For Juniors and Cadets from 4<sup>th</sup> Kup and above.
4. An athlete in order to be eligible for participation must be born in:
  - Juniors: 2006, 2007 or 2008
  - Cadets: 2009, 2010 or 2011
  - Seniors: 2006 or before

All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

## **COACH ELIGIBILITY REQUIREMENTS**

1. Minimum age of 18 years;
2. Holder of the WT Coach License Level I Coach Certification or the respective CU Coach  
  1. License (granted by participation in a WT recognized CU Coach Seminar);
  2. Holder of a valid 2023 WT Global Official License;
  3. Coach is not allowed wearing Dobok.

# MEDAL EVENTS

The following medal events are applicable:

SENIORS DIVISIONS			
Male division		Female division	
Under 54 kg	Not exceeding 54 kg	Under 46 kg	Not exceeding 46 kg
Under 58 kg	Over 54 kg and not exceeding 58 kg	Under 49 kg	Over 46 kg and not exceeding 49 kg
Under 63 kg	Over 58 kg and not exceeding 63 kg	Under 53 kg	Over 49 kg and not exceeding 53 kg
Under 68 kg	Over 63 kg and not exceeding 68 kg	Under 57 kg	Over 53 kg and not exceeding 57 kg
Under 74 kg	Over 68 kg and not exceeding 74 kg	Under 62 kg	Over 57 kg and not exceeding 62 kg
Under 80 kg	Over 74 kg and not exceeding 80 kg	Under 67 kg	Over 62 kg and not exceeding 67 kg
Under 87 kg	Over 80 kg and not exceeding 87 kg	Under 73 kg	Over 67 kg and not exceeding 73 kg
Over 87 kg	Over 87 kg	Over 73 kg	Over 73 kg
JUNIORS DIVISIONS			
Male division		Female division	
Under 45 kg	Not exceeding 45 kg	Under 42 kg	Not exceeding 42 kg
Under 48 kg	Over 45 kg and not exceeding 48 kg	Under 44 kg	Over 42 kg and not exceeding 44 kg
Under 51 kg	Over 48 kg and not exceeding 51 kg	Under 46 kg	Over 44 kg and not exceeding 46 kg
Under 55 kg	Over 51 kg and not exceeding 55 kg	Under 49 kg	Over 46 kg and not exceeding 49 kg
Under 59 kg	Over 55 kg and not exceeding 59 kg	Under 52 kg	Over 49 kg and not exceeding 52 kg
Under 63 kg	Over 59 kg and not exceeding 63 kg	Under 55 kg	Over 52 kg and not exceeding 55 kg
Under 68 kg	Over 63 kg and not exceeding 68 kg	Under 59 kg	Over 55 kg and not exceeding 59 kg
Under 73 kg	Over 68 kg and not exceeding 73 kg	Under 63 kg	Over 59 kg and not exceeding 63 kg
Under 78 kg	Over 73 kg and not exceeding 78 kg	Under 68 kg	Over 63 kg and not exceeding 68 kg
Over 78 kg	Over 78 kg	Over 68 kg	Over 68 kg
CADET MALE DIVISIONS			
Cadet contestants' Height		MAX. Weight	MIN. Weight
Under 148cm	Not exceeding 148cm	45kg	33kg
Under 152cm	Over 148cm & not exceeding 152cm	48kg	35kg
Under 156cm	Over 152cm & not exceeding 156cm	51kg	37kg
Under 160cm	Over 156cm & not exceeding 160cm	53kg	39kg
Under 164cm	Over 160cm & not exceeding 164cm	56kg	41kg
Under 168cm	Over 164cm & not exceeding 168cm	59kg	43kg
Under 172cm	Over 168cm & not exceeding 172cm	61kg	45kg
Under 176cm	Over 172cm & not exceeding 176cm	64kg	47kg
Under 180cm	Over 176cm & not exceeding 180cm	67kg	49kg
Over 180cm	Over 180 cm	80kg	52kg
CADET FEMALE DIVISIONS			
Cadet contestants' Height		MAX. Weight	MIN. Weight
Under 144cm	Not exceeding 144cm	43kg	32kg
Under 148cm	Over 144cm & not exceeding 148cm	45kg	33kg
Under 152cm	Over 148cm & not exceeding 152cm	48kg	35kg
Under 156cm	Over 152cm & not exceeding 156cm	51kg	37kg
Under 160cm	Over 156cm & not exceeding 160cm	53kg	39kg
Under 164cm	Over 160cm & not exceeding 164cm	56kg	41kg
Under 168cm	Over 164cm & not exceeding 168cm	59kg	43kg
Under 172cm	Over 168cm & not exceeding 172cm	61kg	45kg
Under 176cm	Over 172cm & not exceeding 176cm	64kg	47kg
Over 176cm	Over 176 cm	75kg	50kg

## **SPORT ENTRIES - ONLINE REGISTRATION**

Registration is only possible with a valid 2023 WT Global Licence (GAL issued by assigned GMS club, region and MNA Administrators only). Please find below the direct link to the WT GMS platform: <https://worldtkd.simplycompete.com>

## **REGISTRATION DEADLINE**

The deadline for registration is set at:

**15<sup>th</sup> November 2023, 23:59 CET**

This deadline is applicable for all sport entries, payments and admitting all required documents.

## **APPLICABLE FEES**

### ***Regular entry fee***

Before 15<sup>th</sup> November:

100 euro per registered individual athlete

After 15<sup>th</sup> November:

120 euro per registered individual athlete

Cash at site:

120 euro per registered individual athlete

***On-site Change of medal event (weight division) and/or other modifications*** 50 euro for each amendment, payable at the registration desk. All changes after the registration deadline shall be done on-site.

### ***Protest fee***

200 euro

## **BANK DETAILS**

All entry fees shall be transferred to the following bank account. All bank charges shall be borne by the participating teams (option OUR).

<b>Name of Organizer:</b>	<b>Taekwondo Assotiation of the Federation of Bosnia and Herzegovina</b>
<b>Address:</b>	<b>Serifa Loje 22, 71000 Sarajevo</b>
<b>Name of the Bank:</b>	<b>Intesa Sanpaolo Banka dd,</b>
<b>IBAN:</b>	<b>BA391544602002898566</b>
<b>BIC:</b>	<b>UPBKBA22</b>

## **NO REFUND**

The Organizing Committee does not refund entry fees paid.

## **SPORT EQUIPMENT**

### ***PSS – system***

Daedo International Generation 2, with electronic headgear are provided by the OC.

### ***Dobok and protective equipment***

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

Only WT-recognized equipment is allowed groin-, forearm-, shin-, mouthpiece, Daedo sensor socks and gloves shall be brought by the contestants, which is compulsory. Sensor socks will not be provided by the organization.

## **FIELD OF PLAY REGULATIONS**

By accepting an accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events. Only the competitors and their coaches will have admittance with valid accreditations to the contest areas.

## **AWARDS**

### ***Individual awards***

1<sup>st</sup> place – gold medal and certificate

2<sup>nd</sup> place – silver medal and certificate

3<sup>rd</sup> place – two bronze medals and certificate

Trophies will be awarded for the top 3 teams. All participants will receive a certificate of participation.

## **TRAINING FACILITIES**

### ***Training pre-event***

The Taekwondo Federation of Bosnia and Herzegovina offers teams the possibility to train 2 times a day for 2 hours free of charge in a Venue site. See the accommodation guide for more details. Training is available from **25<sup>th</sup> – 26<sup>th</sup> November 2023**.

## **MEDICAL AND ANTI-DOPING**

### ***Applicable doping rules***

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among the all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to WT.

### ***Therapeutic Use Exemption***

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to visit the website of WADA and make online filing of their TUE applications on ADAMS. Report TUE applications also to the WT Sport Department via [marcoienna@worldtaekwondo.org](mailto:marcoienna@worldtaekwondo.org).

### ***ADAMS login***

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or WT Sport Department at [marcoienna@worldtaekwondo.org](mailto:marcoienna@worldtaekwondo.org)

### ***For more details, please visit***

<http://www.wada-ama.org/en/ADAMS/>

<http://www.worldtaekwondo.org/medical->



antidoping/ anti-doping/therapeutic-use-exemptions-tues/ Some contestants chosen at random will be tested.

## **MEDIA AND PRESS**

### ***Media accreditation***

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information please contact the Taekwondo Federation of Bosnia and Herzegovina at [infotkdsbih@gmail.com](mailto:infotkdsbih@gmail.com).

### ***Photo positions***

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the Taekwondo Federation of Bosnia and Herzegovina and Press officer.

## **ACCOMMODATION & TRANSPORTATION**

The Organizing Committee shall provide transportation between the airport and hotel for those teams that have booked their hotel via the Organizing Committee. See the accommodation guide for details.

The deadline for accommodation reservation is set at:

**10<sup>th</sup> November 2023, 23:59 CET**

Please refer to the OC for information on accommodation via [infotkdsbih@gmail.com](mailto:infotkdsbih@gmail.com).

## **INDEMNITIES**

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WT, WTE, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the G1/E1 BOSNIA AND HERZEGOVINA Open Taekwondo Tournament 2023 or any activities linked therewith.

It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete.

Please fill out the Personal Indemnity Forms and return them to the Organization Committee before 15th September 2023. Each participant (athletes, team officials, etc.) has to fill out the indemnification form.

## **MEDICAL INSURANCE**

All participating athletes, coaches and team officials shall have mandatory a medical insurance that covers medical care and in case of emergency repatriation to home country. All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs.

## **HEAD OF TEAM MEETING**

There will be no Head of Team meeting. All Information will be published on the following (social) media platforms.

## **HASH TAGS & SOCIAL MEDIA**

### ***Hash tags***

Bosnia and Herzegovina Open G1 uses the following hash tags at Facebook and Instagram:

#taekwondosavezbih

FB taekwondo.savez.bih

IG taekwondosavezbih

### ***Social media platforms***

Bosnia and Herzegovina Open G1 is present at the following social media platforms:

Facebook:

[facebook.com/taekwondo.savez.bih](https://facebook.com/taekwondo.savez.bih)

Instagram:

[instagram.com/taekwondosavezbih](https://instagram.com/taekwondosavezbih)

# TIMETABLE

*(subject to change)*

DATE	TIME	
<b>25<sup>th</sup> – 26<sup>th</sup> November</b>	multiple	Training for all teams as per booking
<b>25<sup>th</sup> November</b>	10:00 am – 8:00 pm	Registration & Accreditation
	10:00 am – 6:00 pm	Weigh in Cadets and Juniors athletes competing on Sunday 26 <sup>th</sup> November
	7:30 pm – 9:00 pm	Referee meeting
	9:00 pm	Publication of draw sheets Competition
<b>26<sup>th</sup> November</b>	07:00 am	Publication random weigh in
	08:00 am	Start random weigh in
	09:00 pm – 1:00 pm	Start E1 event competition
	10:00 am – 2:00 pm	Registration & Accreditation
	10:00 am – 2:00 pm	Weigh in Seniors athletes competing on Monday 27 <sup>th</sup> November
	1:00 pm – 2:00 pm	Lunch break
	4:00 pm – 5:00 pm	Weigh in Seniors athletes competing on Monday 27 <sup>th</sup> November
	2:00 pm – 9:30 pm	Competition and awarding ceremony
<b>27<sup>th</sup> November</b>	9:00 pm	Publication of draw sheets Competition
	07:00 am	Publication random weigh in
	08:00 am	Start random weigh in
	09:00 pm – 1:00 pm	Start G1 event competition
	1:00 pm – 2:00 pm	Lunch break
	2:00 pm – 9:30 pm	Competition and awarding ceremony



**PERSONAL INDEMNIFICATION FORM**

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this

on: \_\_\_\_\_(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Europe, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an “Indemnitee” and, collectively, “Indemnitees”), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys’ fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participating in the G1E1 Balkan Cup 2023 Taekwondo Tournament in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

**Name:**

**Date:**

**Signature:**

*In case the person involved is a minor, the legal guardian has to sign:*

**Name:**

**Relation towards the minor:**

**Date:**

**Signature:**

## **LIABILITY DECLARATION**

(only for under aged athletes)

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

I declare that I accept the participation of \_\_\_\_\_ at the G1E1 Balkan Cup 2023 Taekwondo Tournament on 26 – 27 November 2023 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. Taekwondo Federation of Bosnia and Herzegovina, and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Sarajevo, Bosnia and Herzegovina.

Place: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of the parents/legal guardian: