

Class C, D – free of choice		
INDIVIDUAL, PAIR, TEAM	Grade	Choose from poomsae
Class D	9. - 7. Kup	1, 2, 3
Class C	6. - 4. Kup	3, 4, 5, 6, 7

Class A, B - poomsae will be drawn		
INDIVIDUAL	Grade	Recognized poomsae
Class B	3. - 1. Kup	4, 5, 6, 7, 8
Class A Cadets	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 40	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 50	1. Dan and higher	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Class A Seniors under 60	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A Seniors under 65	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A Seniors over 65	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
PAIR, TEAM	Grade	Recognized poomsae
Class B Cadets	3. - 1. Kup	4, 5, 6, 7, 8
Class A Cadets	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors over 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

RULES FOR PARA POOMSAE

Para D, C, B category is poomsae free of choice

CATEGORY A	Age	Recognized poomsae
Class A P10	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5,6,7,8,Koryo,KeumgangTaebaek,Pyongwon,Shipjin
	Over 30	8,Koryo,Keumgang,Taebaek,Pyongwon,Shipjin,Jitae, Chonkwon, Hansu
Class A P 20	Junior	Free choice poomsae
	Under 30	Bonus points: 1 - 3 poomsae: No bonus points
	Over 30	4 - 7 poomsae: + 0,3 bonus points 8 - Shipjin poomsae: + 0,5 bonus points
Class A P 30	Junior	4, 5, 6, 7, 8, Koryo
	Under 30	5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P 50	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5,6,7,8,Koryo,KeumgangTaebaek,Pyongwon,Shipjin
	Over 30	8,Koryo,Keumgang,Taebaek,Pyongwon,Shipjin,Jitae, Chonkwon, Hansu
Class A P 60	Junior	6, 7, 8, Koryo, Keumgang
	Under 30	6, 7, 8, Koryo, Keumgang
	Over 30	6, 7, 8, Koryo, Keumgang
Class A P 70	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5,6,7,8,Koryo,KeumgangTaebaek,Pyongwon,Shipjin
	Over 30	8,Koryo,Keumgang,Taebaek,Pyongwon,Shipjin,Jitae, Chonkwon, Hansu

Note:

Only category P20 (after deducting 0.6 penalty points) can practice twice the same poomsae in the final round

Competitors from categories P10 and P30 can choose a different poomsae then the one was drawn in the range from Taegeuk 2-yang to Hansu. In this situation the penalty points will be deducted from the final mark as follows:

Any prescribed poomsae as a draw means -0.6 penalty points + additional deducted points

Taegeuk 2-yang to Taegeuk 3-yang additional 0.5 penalty points

Taegeuk 4-yang to Taegeuk 7-yang additional 0.3 penalty points

Taegeuk 8-yang to Hans No additional deductible points