



Latvian Taekwondo Open Championships 2024

Organizer: Latvian Taekwondo Federation
Dzelzavas iela 26A, Rīga, LV-1084
www.taekvondo.lv

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Competition Date: November 16th-17th 2024

Venue: Sports Hall "Centre"
Brīvības iela 14, Ventspils, LV-3601

Competition Rules: WT Competition Rules

Liability: **Teams are obliged to insure their contestants.**
Competitors are to participate at their own risk. The organizers do not accept responsibility for any damages, injuries or losses sustained or incurred. Competitors must bring their own documents and forms for any medical treatment in Latvia.
Competitors must have a valid sports insurance.

Equipment: All competitors will be provided with DaeDo electronic body and head protectors at the time of competition, but they must supply their own DaeDo sensor socks. Competitors must also provide and wear WT recognized groin/forearm/shin-guards and gloves.

Registration and weigh-in: November 16th 2024
9:00 - 11:00
Sports Hall "Centre"
Brīvības iela 14, Ventspils, LV-3601



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Kyorugi Weight Divisions: **Minis** (2016-2018) without head contact, 9th Kup and higher
Youths (2013-2015) with head contact, 9th Kup and higher

Male and Female									
-22kg	-24kg	-27kg	-30kg	-33kg	-36kg	-40kg	-44kg	-48kg	+48kg

Cadets (2010-2012) 7th Kup and higher

Male									
-33kg	-37kg	-41kg	-45kg	-49kg	-53kg	-57kg	-61kg	-65kg	+65kg
Female									
-29kg	-33kg	-37kg	-41kg	-44kg	-47kg	-51kg	-55kg	-59kg	+59kg

Juniors (2007-2009) 5th Kup and higher

Male				
-48kg	-55kg	-63kg	-73kg	+73kg
Female				
-44kg	-49kg	-55kg	-63kg	+63kg

Seniors (2007+) 5th Kup and higher

Male			
-58kg	-68kg	-80kg	+80kg
Female			
-49kg	-57kg	-67kg	+67kg

Categories with less than 2 competitors will be merged if possible.

Regulations: Minis and Youths: 3x1min (45sec break)
Juniors and Cadets: 3x1.5min (45sec break)
Seniors: 3x2min (1min break)

The Organization Committee can adjust the competition.

Awarding: 1st, 2nd and two 3rd places will be awarded with a medal.





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Poomsae Divisions:

	D Class	C Class	B Class	A Class
	10-8 Kup	7-5 Kup	4-2 Kup	1 Kup - Dan
	Can repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae	Can not repeat Poomsae
	Final			
Minis (2018-2016)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
Youths (2015-2013)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	--
Cadets (2012-2010)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
Juniors (2009-2007)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang
Seniors (18+)	Taeguk 1/2/3 Jang	Taeguk 3/4/5 Jang	Taeguk 5/6/7 Jang	Taeguk 7 Jang - Keumgang

Gender Division: All of the categories are mixed - males and females will be combined.

Eligibility: If the Kup category and Kup do not match the participant, the participant will be disqualified. Please confirm before registering.

Awarding: 1st, 2nd and 3rd place will be awarded with a medal.





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Applications: Registration via [TaekoPlan Subscription Site \(TPSS\)](#)

DEADLINE - November 13th 2024

Changes during the registration - 10 EUR.

Early Entry Fee: Entry fee for Kyorugi - 30 EUR.
Before 8/11/2024 Entry fee for Poomsae - 20 EUR.
Entry fee for Kyorugi and Poomsae - 45 EUR.

Regular Entry Fee: Entry fee for Kyorugi - 35 EUR.
Before 16/11/2024 Entry fee for Poomsae - 25 EUR.
Entry fee for Kyorugi and Poomsae - 55 EUR.

Late Entry Fee: Entry fee for Kyorugi - 60 EUR.
After 15/11/2024 Entry fee for Poomsae - 40 EUR.
Entry fee for Kyorugi and Poomsae - 90 EUR.

Contestants applying for multiple age categories must pay the corresponding number of registration fees.

Late entry fee will be charged for the Latvian competitors without the LTKF licence or without the officialy approved belt tests.

Latvijas Taekvondo Federacija
Dzelzavas iela 26A, Rīga, LV-1084
LV38CBBR1129747900010
BluOr Banka AS
SWIFT: CBBRLV22
Latvian Open 2024 + (Team Name)



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Event Timetable

(subject to change)

Date	Time	Event	Location
Saturday November 16 th	9:00 - 11:00	Registration and weigh-in for Kyorugi	Sports Hall "Centre"
	9:00 - 11:00	Poomsae Competition Day 1	Sports Hall "Centre"
	12:00 - 16:00	Kyorugi Competition Day 1	Sports Hall "Centre"
Sunday November 17 th	9:00 - 11:00	Poomsae Competition Day 2	Sports Hall "Centre"
	12:00 - 16:00	Kyorugi Competition Day 2	Sports Hall "Centre"

Competition Day Division: Both kyorugi and poomsae will be divided into two days. Categories split will be decided after the registration deadline and will be sent to all the teams on the 14th of November 2024.



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