

Official Information Pack
Sanctioned and approved by Estonian Taekwondo Federation

Estonian National Championships 2025

GENERAL INFORMATION

❖ **PROMOTER**

Estonian Taekwondo Federation

Kaera 21a, 10318, Tallinn

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❖ **DATE and Time**

15th of February, 2025 at 9 AM

❖ **PLACE**

Saku Parish Sports Complex, Tallinna mnt 10, Saku, 75501 Harju maakond

❖ **REGISTRATION**

Online registration at www.tpss.eu by 10.02.2025 23:59.

Divisions:

Minis (2017 and before) – 3 x 1 min (60 second break)

Youths (2014, 2015, 2016) – 3 x 1 min (60 second break)

Cadets (2011, 2012,2013) – 3 x 1 min (60 second break)

Juniors (2008, 2009,2010) – 3 x 1.30 min (60 second break)

Seniors (2008 and before) – 3 x 1.30 min (60 second break)

Random Weigh-in

Random weight-in will be conducted according to WT rules. On competition day the randomly selected athletes will be called to random Weigh-in. There is a random 5% selection per weight division. Heavy categories excluded from the procedure.

Random weigh-in list will be published on Estonian Taekwondo Federation Facebook page and TPSS page on 14th of February by 10 PM.

Weigh-in

Weight-in will be conducted at 8:00 AM at Saku Parish Sports Complex.

Weight categories:

Minis

Male: -21kg, -23kg, -27kg, -30kg, -33kg, -36kg, -40kg, +40kg

Female: -21kg, -23kg, -28kg, -32kg, -36kg, -40kg +40kg

Youths

Male: -27kg, -30kg, -33kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, +57kg

Female: -27kg, -30kg, -33kg, -36kg, -40kg -44kg, -48kg, -52kg, -57kg, +57kg

Cadets

Male: -33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg

Female: -29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg, -55kg, -59kg, +59kg

Juniors

Male: -45kg, -48kg, -51kg, -55kg, +59kg, -63kg, -68kg, -73kg, -78kg, +78kg

Female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68kg

Seniors

Male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg

Female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, +73kg

Entry fee for individual participation:

35 EUR per person till **5.02.2025 23:59 (early bird)**

40 EUR per person for competitor adding **after 5.02.2025 23:59.**

System closes at 10.02.2025 23:59.

Player annual member fee is compulsory and should be paid **by 10.02.2025 23:59.**

Athletes who do not belong to official MNA club cannot participate in National Championships.

Equipment for sparring: mandatory equipment: helmet, protector, mouthpiece, groin-protector, the soft protectors on the lower leg and foot, and forearm, as well as sensory socks «Daedo». Electronic chest and helmet protectors «Daedo» will be provided by the organizers of the tournament, the remaining equipment should be personalized for each athlete. The participants shall wear only the WT recognized Taekwondo Uniform. Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtf-partners/recognized/>

Awards ceremony: The winners will be awarded with medals and diplomas after fights.

Individual awards 1st place – gold medal and certificate; 2nd place – silver medal and certificate; two 3rd places – bronze medals and certificates.

Protest: A protest (epistolary objection submitted to the judging committee) must be provided only by the representative of a team within 5 minutes after the match, and with a deposit - 50 euro. The deposit will be returned if protest is accepted, if protest is rejected, the deposit will not be returned.

Participants: only members of MNA official clubs are allowed to participate.

Coaches: Minimum age of 16 years. Only one person is permitted to accompany the athlete to the fight. He or she should be dressed in sportswear and sports shoes, and must participate in the coach meeting.

Umpires: Each team may provide two referees. Umpire uniform includes dark pants, white shirt and sport shoes.

Insurance and medical admission: All athletes must have no medical restrictions for participation in the competition. Every competitor should have medical insurance. The team representative is responsible for veracity of medical insurance documents.

Injuries: All competitors take part in competitions at their own risk. The organizers do not assume responsibility for any injuries of participants. Athletes will be provided with necessary medical first aid.

EOC procedure: minimum of 4 athletes in the weight category to reveal the Estonian champion. Weight categories up to 4 athletes compete for Martial Arts Games medal, not for Estonian champion title. 3 athletes or less will be counted competing for Martial Arts Games medal.