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5TH EDITION

POLISH CUP TORUŃ OPEN 2026

INTERNATIONAL TAEKWONDO TOURNAMENT
PUPILS • CADETS • JUNIORS

20–22 NOVEMBER 2026
TORUŃ • POLAND

POLISH & INTERNATIONAL TEAMS

3 AGE DIVISIONS
PUPILS • CADETS • JUNIORS

Daedo GEN 3
ELECTRONIC SYSTEM

20–22.11.2026
TORUŃ
POLAND

INTERNATIONAL REGISTRATION
VIA TPSS 2021

PLEASE NOTE:
Polish athletes register through a separate national registration system and are therefore not visible on the TPSS entry list.
The TPSS list shows international registrations only.

MIASTO TORUŃ

KUJAWY POMORZE

CENTURIA TAEKWONDO TORUŃ

POLSKI ZWIĄZEK TAEKWONDO OLIMPIJSKIEGO

POLISH CUP - TORUN OPEN 2026

INTERNATIONAL INVITATION | PUPILS • CADETS • JUNIORS | 20-22 NOVEMBER 2026 | TORUN, POLAND

1. ORGANIZER & HOST

ORGANIZER Polish Taekwondo Association (PZTO)	HOST KS Centuria Torun
Organizational Manager Dorota Sadowska +48 690 927 994 kontakt@taekwondotorun.com	Competition Director: TBA Head Referee: TBA Competition Office: TBA

2. VENUE

Kujawsko-Pomorska Arena Torun
ul. gen. Jozefa Bema 73-89
87-100 Torun, Poland

The Competition Office and official weigh-in will be located at the competition venue.

3. AGE DIVISIONS - 2027 SEASON

IMPORTANT - 2027 AGE DIVISIONS

Although the tournament takes place in November 2026, all age divisions and years of birth will be determined according to the 2027 competition season.

Please check the year of birth carefully before registering an athlete.

DIVISION	YEAR OF BIRTH
PUPILS	**2016-2017**
CADETS	**2013-2015**
JUNIORS	**2010-2012**

4. WEIGHT CATEGORIES

PUPILS - FEMALE & MALE									
-27 kg	-30 kg	-33 kg	-36 kg	-40 kg	-44 kg	-48 kg	-52 kg	-57 kg	+57 kg

CADET FEMALE									
-29 kg	-33 kg	-37 kg	-41 kg	-44 kg	-47 kg	-51 kg	-55 kg	-59 kg	+59 kg

CADET MALE									
-33 kg	-37 kg	-41 kg	-45 kg	-49 kg	-53 kg	-57 kg	-61 kg	-65 kg	+65 kg

JUNIOR FEMALE									
-42 kg	-44 kg	-46 kg	-49 kg	-52 kg	-55 kg	-59 kg	-63 kg	-68 kg	+68 kg

JUNIOR MALE									
-45 kg	-48 kg	-51 kg	-55 kg	-59 kg	-63 kg	-68 kg	-73 kg	-78 kg	+78 kg

5. PARTICIPATION

The tournament is open to athletes representing foreign Taekwondo clubs and teams. Athletes must compete in the appropriate age and weight category and use protective sparring equipment compliant with the current competition regulations.

Each participating club/team is responsible for ensuring that its athletes are eligible to participate in the competition and have appropriate insurance coverage.

Cadets must wear a mouthguard underneath the helmet with a face shield (plexi mask).

6. COMPETITION SYSTEM

Kyorugi - Female & Male

The tournament will be conducted according to the applicable competition rules. Single elimination system without repechage.

Electronic system: DAEDO GENERATION 3 (GEN 3). Competitors must bring their own Daedo Gen 3 electronic foot protectors. The competition will be conducted on 8 competition courts.

Official Weigh-In: Athletes will undergo the official weigh-in according to the tournament schedule. There will be NO additional Random Weigh-In during the tournament.

7. DRAW SHEETS & COMPETITION BRACKETS

The draw sheets and competition brackets will be published on the day prior to the respective competition day through the following official channels:

1. Polish Taekwondo Association website: www.pztaekwondo.pl
2. Facebook
3. Official Torun Open 2026 WhatsApp Community

Any remarks or corrections must be submitted to the Competition Office within 1 hour of publication. No corrections will be accepted after this deadline.

8. REGISTRATION

INTERNATIONAL TEAMS - TPSS 2021

CLICK HERE: www.tpss2021.eu

Registration deadline: 16 November 2026, 23:59

POLISH TEAMS - SPORT ZONA

CLICK HERE: sportzona.pl - Taekwondo

IMPORTANT INFORMATION FOR INTERNATIONAL TEAMS

Polish athletes register separately through Sport Zona and are therefore not visible on the TPSS entry list.

The number of athletes visible in TPSS does not represent the total number of participants in the tournament. Polish and international registrations will be combined into one competition.

9. ENTRY FEES

ENTRY FEE	WEIGHT CATEGORY CHANGE
EUR 40 / athlete	**EUR 10**

Payment may be made by bank transfer before the tournament or at the Competition Office. All bank transfer charges must be covered by the participating team. The Organizer must receive the full amount of the entry fee.

Beneficiary: KS Centuria Torun
Address: ul. Slowackiego 104/31, 87-100 Torun, Poland
Bank: BNP Paribas Bank Polska S.A.
IBAN: PL48 1600 1462 1085 3252 3000 0002
SWIFT/BIC: PPABPLPKXXX
Payment reference: Torun Open + Club Name + Number of Competitors

10. AWARDS

Athletes placing 1st-3rd will receive medals and certificates. A separate team classification will be conducted for Pupils, Cadets and Juniors. Clubs placing 1st-3rd in the team classification in each age division will receive team trophies.

The Best Female Competitor and Best Male Competitor in each age division will receive individual trophies.

11. INTERNATIONAL REFEREES

Referees appointed by the PZTO Referee Board will officiate the tournament. International teams are welcome to bring qualified referees.

International referees must hold appropriate national or international referee qualifications and have relevant competition experience. Participation of an international referee must be agreed with the Organizer in advance.

Contact: Dorota Sadowska | +48 690 927 994 | kontakt@taekwondotorun.com

12. COMPETITION SCHEDULE

FRIDAY **20 NOVEMBER 2026**	17:00-20:00 - Official Weigh-In - Cadets 22:00 - Publication of Saturday's competition brackets on the PZTO website, Facebook and the official WhatsApp Community.
SATURDAY **21 NOVEMBER 2026** **CADETS**	08:15 - Head Coaches' Technical Meeting 08:30 - Start of Competition 12:30 - Lunch Break 13:00 - Official Opening Ceremony 13:15 - Competition resumes 17:00-19:00 - Official Weigh-In - Pupils & Juniors After competition - Cadet Team Classification Awards 21:00 - Publication of Sunday's competition brackets.
SUNDAY **22 NOVEMBER 2026** **PUPILS & JUNIORS**	08:15 - Head Coaches' Technical Meeting 08:30 - Start of Competition After competition - Pupils & Junior Team Classification Awards

The Organizer reserves the right to make necessary adjustments to the competition timetable.

13. FIELD OF PLAY

During the tournament, only referees, medical personnel, Organizing Committee staff, actively competing athletes, and athletes/coaches preparing for the next match are permitted within the Field of Play (FOP).

All other competitors and coaches must remain in the designated staging/inspection area, spectator stands or warm-up area. Coaches must wear proper sportswear in accordance with the applicable competition regulations.

14. OFFICIAL WHATSAPP COMMUNITY

Puchar Polski Torun Open 2026

Join the official Torun Open 2026 WhatsApp Community. Competition announcements, schedule updates, draw sheets, brackets and organizational information will be published there.

SCAN THE QR CODE TO JOIN

15. INSURANCE & LIABILITY

Each participating club/team is responsible for ensuring that its athletes are eligible to participate in the competition and have appropriate insurance coverage. The Organizer shall not be responsible for medical costs, injuries, accidents or consequences resulting from insufficient insurance coverage.

Participation in the tournament is at the responsibility of the participating club/team.

16. FINAL PROVISIONS

All competitors must use the required protective equipment and comply with the competition and organizational rules. Coaches and team officials are required to follow the instructions of the Organizer, Competition Director and Head Referee.

In matters not covered by this invitation, the applicable competition rules and decisions of the Tournament Officials shall apply.

ORGANIZER: Polish Taekwondo Association (PZTO)

HOST: KS Centuria Torun

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